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Myra's Journal

3D.

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Mid-Winter Number.

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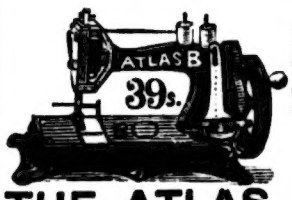

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THE NEW SLEEVES.
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FASHION NOTES FOR THE MONTH

QUITE a feature of the immediate present is the very small bolero with elbow sleeve, used for indoor wear. It is always rather rich — of velvet, embroidered satin or cloth, or brocade, &c.—and it is used for afternoon or evening wear, for a dinner or bridge gown (not for balls or large receptions). It is chiefly worn as an addition—to give added richness or change—to an Empire gown, or else it forms the top of a corselet skirt. Over an Empire gown it is always of heavier, darker material. Above a corselet skirt it should be of the same material, or should at least match it in colour.

The corselet skirt is very much in evidence. It satisfies the demand for the "princess" style, while it is far less difficult to make satisfactorily; then it is a sop to the convention of the moment, which forbids the economical custom, lately possible, of wearing a handsome black skirt with white or pale-hued evening blouses. The light blouse is still less objected to if a tiny bolero covers its top part. With a bolero the skirt could dispense with its corselet, because the bolero, however short, is the veritable bodice, the blouse being only a sort of under chemisette. These dresses are most becoming and charming, for the white blouse puffs most becomingly over the corselet and beneath the edge of the bolero, which, or course, is well open in front. The alternative to the corselet skirt is the separate skirt and corselet belt.

As to the making of these belts, they can be lined or not. The pattern of the lining is given, because, if the belt is not to be lined, the lining pattern, which is the real shape of the belt, shows how to arrange the draped materials correctly on the whalebones.

It is astonishing how all blouses are white. Perhaps it is too much to say *all* are white; but the coloured ones are so comparatively few that they look quite strange and startling, even if in delicate colours. Evening blouses, if not white, are generally of some black handsome material, like jetted net, to accompany a black skirt. As to nice morning blouses, white flannel or cashmere is the correct thing. These blouses also should be fleecy and fluffy, much pleated and very full as to fronts and sleeve. The white cashmere blouse is a little extravagant in our sooty, foggy London, but it cleans very well indeed.

Let me add here that the white blouse for morning wear is not supposed to be worn with a white skirt. It is really prepared to be worn with the ordinary tailor coat and skirt worn for morning walks, shopping, &c. Nothing looks so well under a cloth or fur coat as a white blouse. It looks capital with green, crimson, red, beige cloth, &c.

The reign of velvet is as pronounced as ever. One cannot go to a fashionable assembly without seeing gowns of velours chiffon by the dozen; in fact, if it were not for the variety of colours the effect would be a little monotonous, as each velours gown is topped with the inevitable long sable boa, which every woman with a big banking account possesses.

The ultra-French hat, if the term may be allowed, is so excessively tilted that it should be bought with caution. The flat hat is thrown up at such an angle that the head looks all askew, and a mountain of ribbon, &c., is required to fill in the gap. Some modistes add a bunch of false curls! The idea is very preposterous, because it is rare that these added curls can really match the wearer's locks. Such hats as these are very bad style. Frenchwomen of taste would never dream of putting such a thing on her head. If turned out at all by French hands for good firms (as the more expensive ones often are), they are the *outré* things which many noted French houses do not hesitate to produce for "models" to be sold in London and English provincial towns, where money is supposed to be more plentiful than taste.

But there is no need to choose such hats, as much of the millinery is charming. The fur turbans, the *tricornes* of felt and beaver, are very pretty, and there is a variety of most becoming velvet hats. A velvet hat much admired is a sort of cross between the motor cap and the picturesque Henri II. *toquet* (our "beefeater"). The over-large motor crown is diminished and raised by gathering it in with a strap of ribbon to match, finished with three pretty feather tips on the left (near the front). Ribbon and feathers should match the velvet unless a shaded ostrich plume is substituted for the three tips.

It is said that the much-tilted hat is the harbinger of the high crown, long banished. It is probable that the high-crowned hat will come in for the spring, as the short jacket and Empire dress was, in the old days of the First Empire, crowned with a very high hat for ladies' riding dress. The tiny bolero and long Empire skirt is decidedly a revival of that dress, and so probably a modification of the hat will follow.

Court dresses are to be very handsome this year. Many will be of Empire style of some diaphanous material delicately embroidered, the train being elegantly draped from the shoulders, and made of rich velvet, brocade, or embroidered satin.

In underwear it is curious to note the great success of the Djibeh nightdress. For the summer it is to be made with wide opened square yokes of lace and large open sleeves, tied with ribbons. Silk, or some very fine material like mull muslin, will be used. For the present the Djibeh nightdress has the round neck drawn up with a ribbon.

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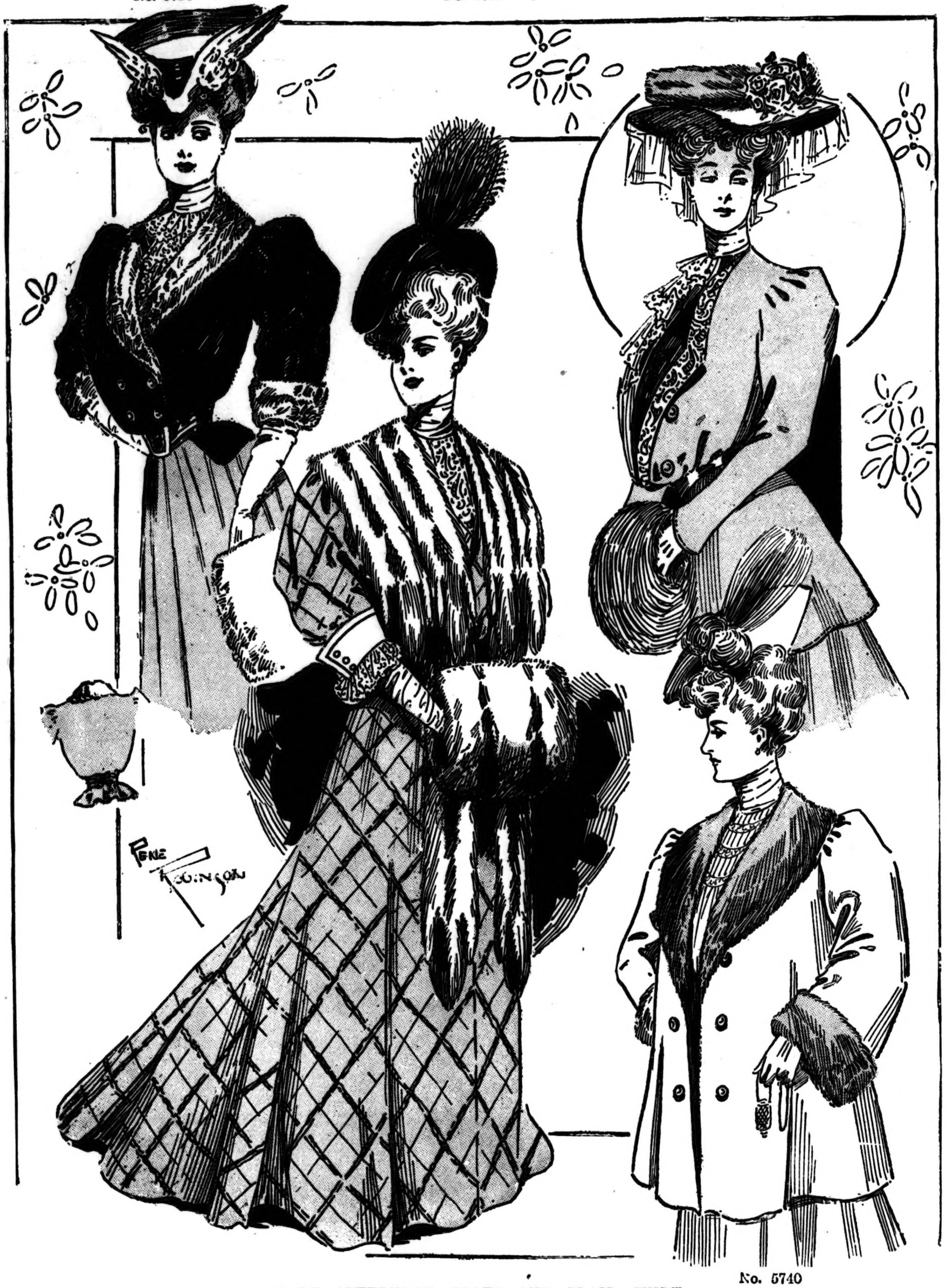


No. 5740

SMART AFTERNOON COATS AND PLAID SKIRT.

For Descriptions see Pages 30 to 39.

Price of Paper Patterns, Skirt or Coats, each 6½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

No. 5741 No. 5742 No. 5743

No. 5744 No. 5745

SMART MORNING BLOUSES FOR THE COLD WEATHER.

For Descriptions see Pages 30 to 34.

Price of Paper Patterns, each 6d., post free, of MADAME MYRA, *10 and 11, Fetter Lane, E.C.*

A Chat about the New Belts.

THE belt has become of paramount importance. A trim, taut belt, as ornamental as possible without being too elaborate, has always been an object since the separate blouse superseded to some considerable extent the boned bodice of the skirt material. But the turn of Fashion's wheel has brought it about that it is no longer good form to wear a blouse and skirt of different colours, unless the said blouse is veiled by a coat of the skirt material. This decree, disconcerting to the woman of small pin-money—who found the black silk skirt and the dainty pale blouse a very economical form of semi-evening dress—has brought into being a host of methods for what we must call "dodging" it. As the bodice *must* partake of the skirt material, we have the revival of the corselet skirt (belt and skirt cut in one), with or without suspenders to the shoulders, we have a host of tiny boleros (of the skirt material), and we have various broad and charming belts (of the skirt material), all of which veil more or less the too obtrusive blouse of a different hue, and pretend to be bodices of the skirt material with a sort of more or less extensive chemisette or under bodice in the contrasting colour.

With the corselet skirt and boleros I deal elsewhere in this number. Here I shall limit myself to the discussion of the belts. Quite the most charming and original of these is the new suspender belt, No. 5747, made of the skirt material. It is very simple—a front (or two fronts, seamed down the gathered centre for narrow material) and two backs of the skirt material gathered on a broad shaped and boned belt lining (two fronts, two backs). The unlined material narrows off to the shoulders, where backs and fronts join beneath a bow or passementerie *motif*. It can be hooked back or front (preferably at the back). The lining—an ordinary broad belt lining—should have bones at the back (three if there is a front closing, four if back closing, as a bone in that case must run up each back edge), a bone at each side seam, and one or two bones up the front centre (according to whether the belt closes at the back or front). Such a belt takes 1¾ yards 22-inch silk or satin. This belt looks charming in velveteen (to match a skirt), or in cashmere, &c. The edge should be piped, especially round the armhole and up the suspenders. The lower edge can be turned under the lining if preferred. The belt is quickly made, and is most smart. Nothing could be more becoming than a nine-gore skirt and suspender belt of double-width black taffetas, both worn with a very fluffy white lace blouse. The more fluffy the blouse, the more charming it looks, with the pale billowy folds puffing over the belt where it drapes as it tapers gracefully upwards.

No. 5747. The New Suspender Belt.

For description see this page.

Price of Paper Pattern, 6½d. post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

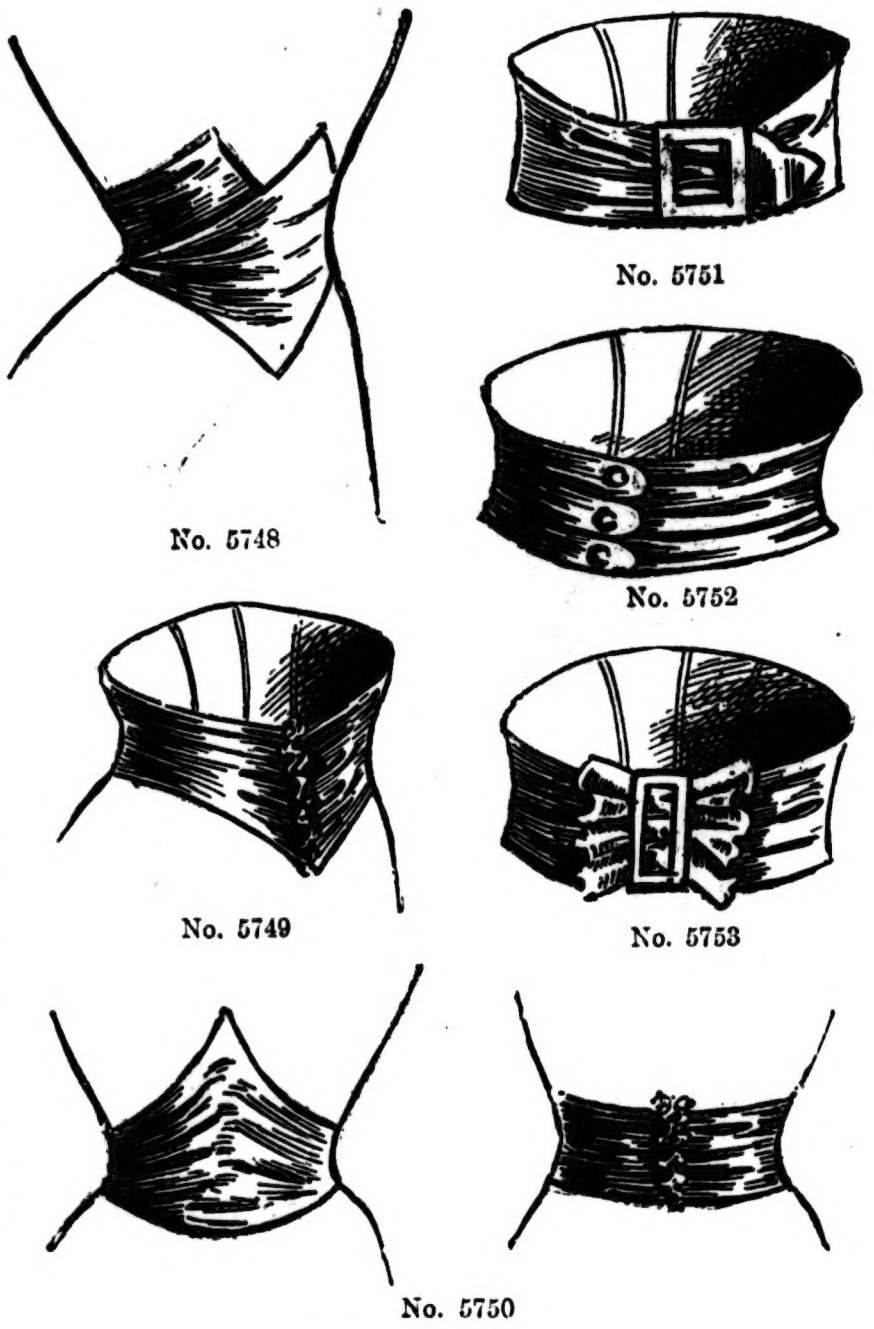
Another capital belt for the skirt material is No. 5750 (shown with its back view). It is specially elegant with a low-necked fluffy blouse, as the high front point nearly reaches the bust, and consequently only the berthe of the low under-bodice appears above it. The curve is most graceful. The belt is in four pieces (seamed at front and sides, and hooked at back). The lining has a bone in front seam, one at each side seam, four at the back. A piece of the skirt material (12-14 inches broad) cut on the cross is draped on this lining, and ends in two frilled headings, to conceal the hooks and eyes at the back. It is needless to point out how very useful such belts are for renovation in cases where the skirt is good and quite wearable, while the bodice has become too small for us, or is hopelessly out of date.

No. 5749 is another excellent belt, made in the same way as No. 5750, only it hooks in front instead of at the back, and No. 5748 is again suitable for making of the skirt material. This last is a very pretty belt. The lining, in spite of its crossed appearance, is in three pieces, and hooks at the back, like No. 5750; but the skirt material is draped in *two* pieces (crossed in front), and is therefore more easily managed than the one-piece drapery.

Nos. 5747 and 5750 are *only* suitable for the skirt material; but all the other belts illustrated on this page can be of any silk, ribbon, or kid for ordinary purposes. A very good effect in an indoor dress is always obtained by wearing a cloth skirt and silk blouse of one colour—say, navy blue—with a belt and tie of a contrasting shade—say, rich crimson.

Nos. 5751 and 5753, very slightly draped, are admirable models for the soft leather belts in rich colours so much worn this winter. They are boned at the back and sides, but the buckle keeps the front in shape. These buckles are of oxidised metal or steel, and are covered with leather. Holes are stamped in the leather, protected with metal like in lace boots, to receive the buckle spikes.

No. 5752 is a good belt for cloth, leather, or substantial satin. It is slighty draped on bones, and the right edge is cut in three tabs, in which buttonholes are made to fasten on the metal buttons. The belt should close with hooks and eyes (at the bones) before the tabbed strap is fastened across.



Some of the New Draped Belts.

For description see this page.

Price of Paper Patterns, each 6½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

Beckenham, Kent.—"I have been a subscriber for seventeen years and think that your fashions are the best."—K. N.

No. 5755 No. 5756 No. 5757

SOME DEVELOPMENTS OF THE PRINCESS STYLE.

For Descriptions see Pages 30 to 34.

Price of Paper Patterns, Long Coat, Polonaise, Cosrelet Skirt, each 1*s.* 0½*d.; Bolero, Skirts and Foundation Skirts, each* 6½*d., post free of* MADAME MYRA, *10 and 11, Fetter Lane, E.C.*

Miss Annesley's "School-Boy."

BY DOUGLAS ALEXANDER.

"MY dear Susan, I want your advice. Pray tell me what I shall do with a schoolboy who is coming to stay with me—in what way I shall amuse him, I mean."

This problem was put to me one morning by Florence Annesley, the well-known writer. For some weeks back I had been visiting her house almost every other day. It was a fancy of Miss Annesley's that she could only write her best when soft, dreamy music was being played, and as music was my chosen profession I was pleased to engage my services to her whenever she required them.

She lived in a comfortable house at Richmond, went little into society, and was unmarried.

I used to wonder at this last fact, for she was a very attractive woman, cultured without being pedantic, and possessed of a most charming personality.

"I'm afraid I've not had much experience with schoolboys," I said, replying to her question.

"Nor I," she responded. "When I was away last summer I met a lady, a widow, with whom I became friendly. She was constantly speaking of her boy, and from her account he must be an embodiment of all the virtues. It did one good to hear her speak of the affection between them.

"She wrote me a few days ago, telling me that her boy's school was breaking up for the holidays, and that the arrangements they had made to spend their time together had fallen through at the last moment, on account of her being called North to the bedside of a dying relative. I answered her letter, and in a moment of weakness said that if he would care to do so her boy could spend his time at my house, until she was ready to join him. And the result is that I expect him this morning."

Miss Selina Parkinson, an elderly maiden aunt who kept house for her niece, showed plainly how distasteful to her this impending visit was.

MISS ANNESLEY'S "SCHOOL-BOY."

"I suppose I shall have to take him to the Hippodrome, and possibly the Coliseum," Miss Annesley anticipated, ruefully; "unless, dear Selina, you would care to have entire possession of him, and shelter him beneath your wing?"

Miss Parkinson uttered an indignant snort. The average schoolboy was to her a creature only slightly less terrifying than a mad dog. Before she could make any reply, however, the front door bell was heard to ring, and some moments later a young man was shown into our presence by the parlour-maid, who announced him as Mr. Clifton.

Florence Annesley rose to her feet, and looked at him in astonishment. Then she held out her hand, and tried to stifle her laughter as we exchanged amazed glances.

"Pray excuse me," she said, "but—oh, it's too funny." And her laughter could no longer be restrained. "You see," she added, hastily, in explanation, "I thought you were a young boy in his teens, and I had only lately remarked that I should have to take you to the Hippodrome."

"And won't you?" he asked, smiling in turn. He had audacious blue eyes, and a clever, handsome face. But his best possession was his smile, which was particularly candid and engaging.

"It was very stupid of me," went on Miss Annesley, "but as your mother always spoke of you as her boy I took the word literally, especially as you were at school."

"I am an assistant master," he said. "But you may regret your kind hospitality, Miss Annesley," he pursued, "now you find that I am not a small boy?"

"Indeed, no," she returned, heartily. "To confess the truth, I know nothing about boys, and I was rather in doubt as to whether you would think it quite natural to spin your peg-top in my drawing-room, and whether I should have the moral courage to remonstrate if you did."

"I promise you to refrain from that," he said, gravely.

Miss Annesley did not attempt to do any more work that morning, but gave herself up to the entertainment of her guest; and when I left I carried away with me a very pleasant impression of a delightful young fellow, unspoiled and fresh in his outlook upon life.

. . . . . .

It was the unforeseen which happened. Before he had stayed at the Pines two weeks young Lionel Clifton fell in love with his gifted hostess

He had said nothing to her as yet, but the secret was in his eyes when he looked at

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her for anyone to read. Aunt Selina was disgusted; perhaps she felt her throne menaced; she called it presumption, insolence, and a lot of other unpleasant things.

"'Is it not ridiculous?" said Miss Annesley to me, her face colouring, and her eyes like twin stars. "I am so much older than he."

"Three years," I replied, drily; "an immense discrepancy."

"But in experience," she murmured; and her sweet face darkened, as if at an unpleasant recollection.

"If you love him," I continued, "I don't think you ought to let the trifling difference between your ages form an obstacle."

"I do love him," she said, softly. And I could tell by her voice how deep and true that love was.

The upshot of the affair was that the audacious young man proposed to her. She would have put him off with a half answer, neither a decided yes or no.

But he possessed too much character for that to satisfy him, and his persistence was rewarded by his gaining her consent.

So far as means and position were concerned, he was the one to benefit by this match. But if I read his face aright, that was a difference which would give him little rest until it was balanced.

There was no need to delay the marriage; and at the ceremony at which I was present I don't think I ever saw bride and bridegroom so radiantly happy.

. . . . . .

I did not see Florence Annesley—or Clifton, as she now was—until some time after she had come back from her honeymoon.

I had expected to find her in the best of spirits, and was sadly disappointed, for she looked wan and miserable, and more than that—she looked haunted.

She told me that her husband was absent from England, and I thought that this might have something to do with her changed appearance. An appointment had been offered him a few weeks after their marriage which would take him abroad for some months, and his wife, who was ambitious for him, had urged him to accept it.

Very naturally, he had wanted her to accompany him. But she had told him that it was impossible, as she had various commissions to fulfil which would necessitate her presence in London.

I used, when I could find time, to go and play for her, just for the sake of friendship, as she was working very hard and had still her old delight in music.

One afternoon I found time to run down to Richmond to see if I could obtain her consent to read an extract from one of her own works at a concert where I was going to play.

I was told by the parlourmaid that her mistress was engaged, and she asked me into the study, an apartment I had not been into lately, as Mrs. Clifton had brought her work into the drawing-room.

When the door had closed I glanced round in dismay. The room had contained several pictures that were of great value. They had all been removed, and their honoured places upon the walls were occupied by engravings that could not have cost more than a guinea each.

Somewhat impatiently—for my time was limited—I crossed over to the window and looked out upon the neatly-kept front garden. Whilst I stood there I heard the front door bang to, and I saw the figure of a man walking away from the house, evidently the visitor who had detained Mrs. Clifton.

I caught a good glimpse of his face, for when he reached the gate he turned round and stared at the house with a peculiar fixed gaze which took every feature of it in, as if he were a house-agent appraising its value, and then passed on.

He was a handsome man, but somehow he did not look the kind of man I should have thought Florence Clifton counted among her friends.

A moment later she herself entered. She looked wretchedly ill, and complained of a severe headache. I did not keep her more than a few minutes, for I suddenly recollected that if I hurried to the station I should just have time to catch a train back to town that would enable me to fulfil an engagement.

When I reached the platform I observed amongst the waiting passengers the man I had seen leave Mrs. Clifton's house. I noticed him particularly, because he favoured me with a bold, insolent stare, which I returned with the contemptuous disdain it called for.

When the train came in I entered an empty first-class carriage, which contained the usual partition, peculiar to that railway, that enables the occupants of one compartment to hear, without being able to see, the occupants of the other.

A masculine cough informed me that I had an unseen neighbour. Two stations from Richmond I heard the adjoining carriage door opened, and a new-comer, who was a woman, seemed to be acquainted with the gentleman, for they at once entered into conversation. It was carried on in tones so low that at first it was only an unintelligible buzz that reached my ears.

I imagined they must have thought my compartment unoccupied, for presently their voices were raised beyond ordinary pitch, and after I had grasped the significance of what I heard I confess I shamelessly listened.

"She threatened me that if my demands were so exorbitant she would confess everything to her husband, and let him deal with me. Her husband, indeed!"

His tone seemed to irritate his companion.

"Well, he is her husband," she retorted, "just as I'm your wife; you can't shuffle out of that, my dear. Although you married us both, you married me first."

She spoke with acrimony.

"Come," continued the woman, more amiably, "don't let us quarrel again. How about them pictures of hers; are they all sold?"

"Everyone of 'em," replied the man, moodily. "I wish I'd saved the money, instead of putting it on those dead certs. which never managed to win a single race."

"What did she give you this morning?"

"Only a ten-pound note; it was all she had in the house, she said, until she could get an advance from the publishers for two books that were nearly finished."

I pricked up my ears at this. Of whom were they talking? Of a writer who had sold her pictures to silence this man, of a woman who had, perhaps, under a misapprehension, committed bigamy, to be blackmailed by her former husband, who, it would appear, had himself been previously married!

At the next station a fresh passenger got into their compartment, whose presence silenced their tongues. I kept my eye on the door of their carriage, waiting for them to leave. I determined to keep in the train as long as they did, if I remained there to the journey's end.

But when we reached Brompton I heard them move, and to my surprise (and yet only half surprise), when the door was opened I saw that the man who had been speaking was the very man I had seen leave Mrs. Clifton's house.

The woman who was his companion was showily dressed, and looked like a sixth-rate actress out of employment.

They walked out of the station together, and I after them. They lived quite near, a few streets away, in what was obviously a lodging-house.

After making a note of the address I took the next train back to Richmond, and without ceremony entered Mrs. Clifton's writing-room.

She looked up from her work in surprise, and when the maid had withdrawn I told her I had returned because I wanted her to give me her confidence; and at last she did.

She had met Leslie Tremadoc when she was a girl at school. His conversation had dazzled her, the romance of their secret meetings had appealed to her vivid imagination.

He had prevailed upon the girl to consent to a marriage unknown to anyone. But on their wedding morning, and just after the ceremony, she was terribly disillusioned. Her newly-made husband was arrested at the church door on a charge of forgery and swindling.

Her name was kept out of the case; her people saw to that; and both she and they had thought themselves well rid of a heartless scoundrel when what appeared to be authentic proofs of his death reached them from Australia, to which country he had gone after serving a term of imprisonment.

Perhaps he had deliberately circulated this report with an eye to subsequent benefit, and if this was so he had bided his time until he heard that the woman who believed herself his wife had married again.

Then, immediately after her honeymoon, when she returned to London, he forced himself upon her and commenced his blackmail. He had compelled her to work like a galley slave and sacrifice, to meet his demands, all the art treasures which meant so much to one of her temperament.

"I ought to have told Lionel before we were married," she said. "But, oh, Susan, you can't think how terrible was the humiliation which even the remembrance of that episode brought me. And to speak of it to the man I loved was impossible."

Investigation proved that Leslie Tremadoc had contracted a former marriage, and upon a hint being dropped to this villain that his deception was found out, he and his real wife disappeared from London.

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FASHIONABLE WINTER MILLINERY.

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CHILDREN'S PARTY COSTUMES, WINTER COATS, AND AFTERNOON FROCK.

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No. 5777 Nos. 5778 No. 5779

ELEGANT ART TEA GOWNS.

For Descriptions see Pages 30 to 34.

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No. 5780 No. 5781 Nos. 5782

No. 5783 No. 5784 No. 5785

CHARMING EVENING BLOUSES AND BRIDGE COATS.

For Descriptions see Pages 30 to 34.

Price of Paper Patterns, each 6½d. Post free, of MADAME MYRA, *10 and 11, Fetter Lane, E.C.*

CLOTHES FOR THE POOR.

THE terrible position of the unemployed, which has filled the country with consternation, has been necessarily rendered yet more cruel and unendurable by the advance of winter. The sight of the out-of-work artisan, in his insufficient torn jacket and gaping boots, of his poor starving wife in her thin skirt and patched cotton blouse, should spur to greater efforts those who collect suitable cast garments or who make clothing for the poor.

Cast garments, though selected from the stock on hand, cannot always duly fit the need of those who urgently require them. But in making clothes some care and judgment should be used. The great thing to consider at this season is the warmth of the garments—food is meagre and fuel lacking in the houses to which they will be sent. Then strong, durable materials should be selected, those which stand repeated tubbings being preferable. I would also put in a plea for a fair amount of shapeliness in cut and of the neatness in making up. I have seen whole batches of clothing for the poor—ill-cut, ill put together—which make one's heart ache. Sleeves of any shape, of different lengths, lop-sided fronts, back all askew; it lowers the self-respect of the recipients to feel that such hideous, badly-made garments are "quite good enough" for them. Of course I do not advocate decoration, such things cannot be too plain; but why not make them look as nice as possible? Why not see that the shoulders of a blouse are of equal length, that a skirt is neatly cut and made, that a nightdress is not too "skimped" for material. I have seen nightdresses which certainly would not button across an average woman of even lean proportions. I have seen chemises in which the wearer would never be able to walk.

Warm underclothing is what the poor require—petticoats of molleton, chemises, nightdresses and knickers of flannelette. I suggest here suitable designs, which will work out very cheaply, and yet which are nice of their kind. The nightdress takes 4 yards of 32-inch flannelette, which, at 4¾d., would work out at 1s. 7d. A yard of edging at 1d. would bring up the total to 1s. 8d. I should not advise giving less than 4¾d. for the flannelette, owing to the highly-inflammable nature of the very cheap kinds. A neat chemise could be made out of 3 yards of flannelette (1s. 2¼d.). The knickers, trimmed with a hemmed frill (2½ yards) would cost 11¾d.

The gown has a yoke at the back; the front is gathered into the shoulder. The chemise, gathered into a neck band, has a neat little sleeve which makes it more protective. It could be finished with the edging like the gown, or the band and sleeve could be edged with a tiny narrow white braid (½d. the yard).

The petticoat, with frill flounce (simply hemmed), is an excellent model, and takes only 4 yards of 36-inch molleton (a variety, cosy eiderette, can be had at 6¾d., 36 inches wide). Total cost, 2s. 3d. The flounce could be trimmed with a row or two of the braid. All these garments would wash admirably.

To a poor woman, who is generally wearing in the winter somebody else's patched cotton shirt, a neat flannelette blouse is a valuable gift. A pretty, simple, protective model takes 3½ yards of 26-inch printed flannelette—a very warm one is useful; pretty patterns can be had 26 inches wide at 4¾d., which works out at 1s. 4¾d. The blouse is simple, easily made—a full back arranged into a yoke, two full fronts, the right front cut the box-pleat. Buttonholes are made down the pleat, and small buttons are sewn down the left front's hem. The neat shirt sleeve has a buttoned cuff band, and there is a collar band, which our artist, to show how pretty this cheap blouse can look, has covered with a linen collar and tie of cheap ribbon. The belt is of leather, as no other stands the wear and tear of a working woman's hard life.

I do not recommend the making of coats. These are beyond the skill of the kindly hands which work, as a rule, for the poor. One of our own warm, cast-off coats (it should be of cloth or tweed, as simple as possible in style) is more protective and useful than anything we can make ourselves. But a strong warm skirt is a valuable asset to the wife of an out-of-work man. The model suggested could be made out of 3¾ yards, cut in 3 gores. I have seen a warm serviceable Melton cloth at 10½d., 42 inches wide (total cost, 3s. 0¾d.). The skirt need not be lined, and the hem can be run with two or three rows of machine stitching.

The Melton cloth at 10½d. is a firm, warm material, wonderful for the money, but many ladies who are not intending to make up a large number of skirts, will not grudge an extra 6½d. a yard; at 1s. 5d. an excellent, hard-wearing cheviot can be had, 42 inches

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FLANNEL COMBINATION for a Little Girl.

This pattern, which is in three pieces, half the combination itself, half the added back and knee-band, is cut for a girl of six to eight years. The pattern should be laid on 2 yards of 29in. flannel, which is doubled so that it may be cut in duplicate; neck and armholes are edged with embroidered flannel, the top of edging being hidden in feather-stitched false hems.

Cut-out Pattern, 6½d.

Pattern may be obtained of

BOY'S NURSERY SUIT.

A complete suit—knickers and novel coat—but the long coat would serve also as an overall, to cover temporarily a smart suit. For nursery wear, even in autumn and winter, Irish linen is to be advocated because such suits are best washable, and nothing washes better than this linen. Extra warmth for the colder weather can be found in warmer underwear. The coat crosses over deeply from left to right, and closes with buttons and button-holes (made in a doubled band stitched beneath the edge of the coat's left front). This coat, to have sufficient firmness, should be lined with batiste. The one-piece collar and the lined cuffs are prettily embroidered. The two-piece knickers—buttoning to the little fellow's stays—should be unlined. For a boy of two or three, 2½ yards of linen will be required.

Cut-Out Pattern, 6½d.

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wide. Serges can also be had at the same price, but though serges from 1s. 11d. are excellent, below that price I prefer, for appearance and durability, the cheap cheviots which are produced for "knock-about" skirts, inexpensive knickerbockers, &c.

"Woolly comforts" in crochet or knitting are always appreciated by the poor. A broad "crossover" in thick wool is a great boon to a poor woman whose shawl or jacket is of summer weight, the said jacket often being a size too small and buttoning with such difficulty that the fronts gape between each strained button. Under a thin shawl a crochet crossover makes all the difference between chilliness and comfort. It can also be worn indoors in a fireless room. Knitted and crocheted petticoats are very warm and quickly made, for, of course, no elaboration of stitch need be employed. A crocheted muffler is always useful, it is quickly and cheaply made. The wool used for charitable articles of the sort is generally an inexpensive useful grey yarn, brightened with a border in red.

Knitted or crochet woollen knickerbockers are admirable for warmth; but it would be quite useless to add a pair to one's gift of clothing. I am convinced they would never be put on, or, if worn at all, would be wound round the neck and shoulders as a species of muffler.. The poor are wonderfully conservative in their homes and their dress, and anything considered "new-fangled" is thrown away—unless it can serve some more useful purpose—such as a coverlet for the baby, or an extra wrap for the school-girl. Except the last baby or two, all the juvenile members of a starving family are school-boys or school-girls. There is no food in the cupboard and no fire in the grate, yet the supply of mental food never fails.

A gift of really useful durable clothing is highly valuable to a hard-worked mother in poor circumstances even if her husband is in such ill-paid work as he is accustomed to get. With a large family of small children to wash, dress, and feed, with her housework and washing and her husband's meals, with the best of intentions in the world, the wife of a very poor man has little opportunity for sewing. She has to keep her husband neat and mended, or he would soon find work more difficult to get. The first gift of a missionary, after supplying the all necessary food and fuel, is a fairly respectable suit and boots for the man. Her next efforts must be to make as tidy as possible the children, who have to attend school. For herself she has no time at all, and that is why she is found so frequently in somebody else's well-worn summer skirt or the relics of a tattered cotton blouse in cruel winter weather.

The ladies who so kindly give their time and money in making clothes for the poor do not, as a rule, distribute their gifts themselves; they do not know to what forlorn woman their charity will fall—possibly to one who has known vastly different conditions. It is cruel, then, to run the risk of unnecessarily wounding by an extreme carelessness in the making up. The material has to be bought and used, and all that is required is a little extra care, a little more time given to the work so that it is properly executed.

There is, of course, no necessity for fanciful stitchery, like tucks, which take a great deal of time; but a trifle of trimming on the underclothing is keenly appreciated, even if it is only rows of neat machine stitching. But even this is far less necessary than good shape and general workmanship. A few rows of narrow braid neatly put on, a trifling cost, make a world of difference.

No. 5786. AN EMPIRE GOWN OF LEWIS'S "WONDERFUL" VELVETEEN.
For Descriptions see Pages 30 to 34.
Price of Paper Pattern, 2s. 0½d., post free, of MADAME MYRA, *10 and 11, Fetter Lane, E.C.*

PERSONAL APPEARANCE.

HOW TO MAKE IT MORE ATTRACTIVE.

BY MISTRESS ANNE PAGE.

So much has been written and effectively said in lectures on the subject of beauty during the past ten years, that the old idea of thinking it sheer vanity to attempt to improve one's personal appearance, even by legitimate and hygienic means, has quite died out, except in remote country places, and even there I find that girls secretly, or openly, according to their environment, wash their faces in butter-milk to make them fairer, and endeavour to remove superfluous hair by pulling it out with tweezers, or bathing the disfigured skin with parsley water, or other homely herbal lotions!

But in the towns, where, too, during these years, girls and women have been gradually taking their places as bread-winners for themselves or for their families, it is strongly felt that beauty of personal appearance that is obtained by care being regularly paid to the hair, the face, the hands and feet, the figure, the mode of dressing with good taste, added to an elegance of carriage obtained by a little daily exercise on systematised lines, and a dignity of manner and speech that is the outcome of our wider education, are very valuable assets, and that having these a woman-worker of any age has a far better chance of success in obtaining and keeping a good appointment than has the woman who does not believe in the greatness of little things.

As so many women-workers read our MYRA'S JOURNAL regularly, I propose every month to give them a little helpful talk on the best ways of acquiring and retaining that beauty of personal appearance which will help them on in life. The woman of Society will also find something that may be helpful to her, for she too must retain all her points of beauty, or she will soon find herself passed by for more attractive and younger-looking women, unless she has riches and wit to use them so that her personal defects will be overlooked. If any of my readers would like any special help, I shall be glad to give it to them in the monthly talk under the heading of "Personal Appearance," when there is more to say than can be helpfully told in the usual columns which I devote to answers to correspondents. And hoping many of you will correspond with me, I will wish you all

A VERY HAPPY AND SUCCESSFUL NEW YEAR.

"I have used 'Myra' for nearly nine years, and find it the best of all dressmaking journals."—MM.

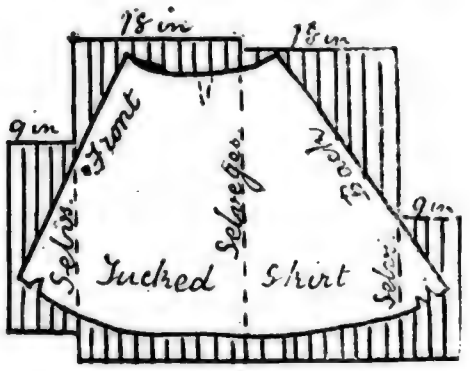
Descriptions of the Free Patterns.

SMART FLOUNCED SKIRT.

THIS beautiful skirt can be made of tucked and plain Jap silk, crêpe de chine, &c., for a bridge or semi-evening frock. Or it can be equally well worked out in the finer cloths, cachmeres, &c., for afternoon and outdoor wear.

The pattern is in three pieces—half the skirt (to be seamed back and front), half the shaped flounce. The pattern is used for foundation and for silk skirt. The diagram for foundation shows pattern pieces laid on 4¾ yards of 48-50-inch material, which is opened out and doubled, so that each is cut in duplicate. The pattern cuts to some waste, but the waste material would do a substantial part of the underslip for the coat to match. The skirt is fitted with a small dart, which is wheel-marked.

The lining being cut, make the silk skirt. For this buy ready tucked 18-inch Jap silk. Two breadths and two half-breadths, seamed as shown in the diagram, are required for each half of the tucked silk skirt; 5 yards of 18-inch tucked silk are required.



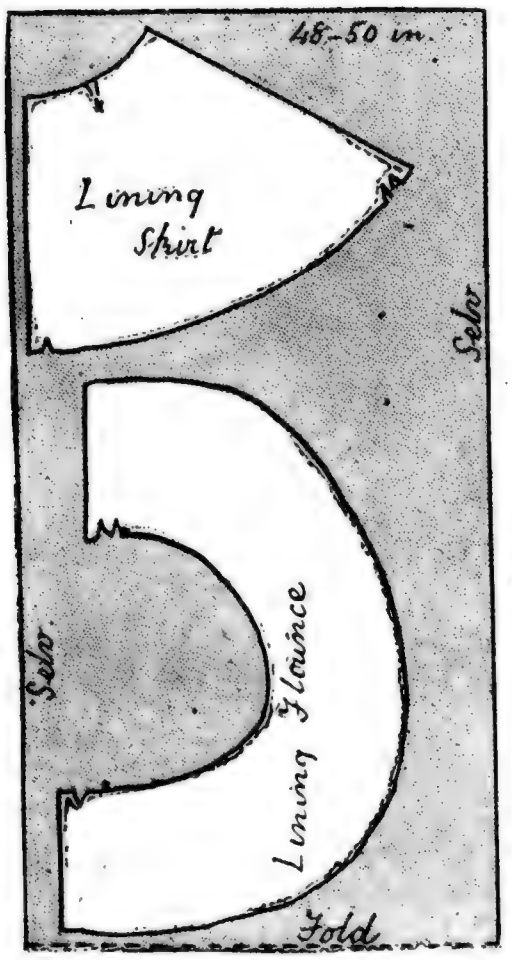


Diagram of Free Skirt Pattern.

The skirt flounce is of plain Jap silk to match; 6 yards of 36-inch plain silk are required. Cut the flounce on the cross, 24 inches wide (16-inch flounce at its widest part with 8 inches for heading, hem and tucks). About 8 yards of flouncing are required.

For the lining, use Samuel Lewis's excellent Silvasheen, 48-50 inches wide, only a few pence the yard. Patterns can be had from Samuel Lewis and Co., The Holborn Silk Market, Holborn Bars, who will also send patterns of cheap tucked and plain Jap silks.

A TUCKED BRIDGE FROCK.

For Description see this Page.

The Cut-out Paper Patterns of this Skirt and this Coat are Presented Free with this Number.

Tack together the two halves of the skirt lining, leaving the opening in the back seam; tack the side dart. Try on. Stitch and press the seams. Seam and hem the flounce. Then seam the flounce into the skirt, the double and single notches coinciding. Seam the breadths of the tucked skirt; cut the skirt; seam it, and arrange it on the lining skirt. The top is bound, and closes with two bent hooks and eyes. Fell the lining over the opening turnings, and

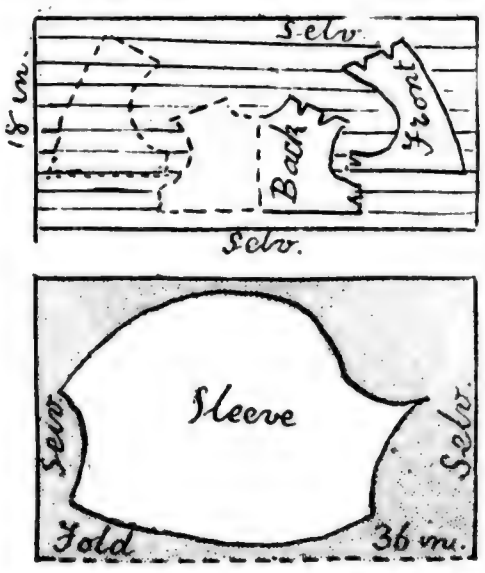


Diagram of Free Coat Pattern.

close with very small hooks and eyes. The pocket can be inserted in this seam.

Seam together the lengths of the silk flounce. Tuck and hem it. Mitre off the top to agree with the depth of the lining flounce which is narrower in front. Gather the flounce, and stitch it to the silk and lining—tucked Jap silk could not support the flounce; the tucks would stretch and split.

SMART COFFEE COAT.

(Suitable for a Bridge Frock.)

This charming model for ordinary purposes can be made most economically out of silk muslin or 27-29-inch point d'esprit net; but the diagram has been drawn with a view to its being made of the plain and tucked silk used for the beautiful skirt just described. The pattern is in three pieces—half the back yoke, one front yoke, one sleeve. The coat is completed by wide flouncings of lace, but, unless one already owns such lace, it will be cheaper to buy plain silk for the purpose, edging it with much narrower lace. The coat flounce (all in one piece) should be about 12 inches deep in its wider part. Three widths of 36-inch silk would be enough for the coat frill.

The diagram shows the yoke pattern pieces laid on ¾ yard of 18-inch tucked silk. It also shows the sleeve pattern laid on 1 yard 12 inches of 36-inch plain silk, which is double, so that the sleeve is cut in duplicate.

As the frill takes 1 yard of 36-inch material, 2⅛ yards will make the coat, eked out with the lace insertion and lace sleeve frills.

"I have only just seen 'Myra's Journal,' and like it so much that I shall continue to take it."—M. Lake, Halliford St., Islington.

RED RIDING HOOD CLOAK FOR A LITTLE GIRL.

For Description see this Page.

THE CUT-OUT PAPER PATTERN OF THIS CLOAK IS GIVEN AWAY WITH THIS NUMBER.

Edge the frill with lace and gather it to the yoke edge after tacking, fitting, and seaming the yoke. The same insertion hems the neck of the yoke, and edges the fronts. Seam the sleeve. Arrange the edge into a band of insertion, which holds the lace sleeve frill. Supply the sleeve with an elastic runner to puff it on the elbow. Close coat with a few hooks and eyes. Soft ribbon some 2 or 3 inches wide should be used for the bows.

Each sleeve frill, if not of lace, takes 1 width of silk, some 6 inches wide. Jap silk needs to be very full to look well.

RED-RIDING-HOOD CLOAK FOR A LITTLE GIRL.

This charming model, cut for a girl of four to six, is used for the evening, or to draw over the school coat and cap on very cold days. It looks charming in red cloth lined with white glacé. It need not be lined at all.

The pattern is in two pieces—half the cloak, half the hood. The diagram shows the pattern pieces laid on 3 yards of 42-inch cloth, which is opened out, and is double beneath the cape pattern so that it is cut in duplicate. The lacking half of the hood is marked out on the single material.

Seam the cape and try on. If lined, press the seam and stitch down the lower edge over a band of lino. Cut and seam the white lining, and slipstitch it to the stitched cloth edge. Line the hood, stitching the face edge, and slipstitching to it the silk. Put a runner 2½ inches from the finished edge to gather the hood to the face. Gather the neck into the cape neck, and fell the cape lining over the seam. A broad red ribbon forms strings, a bow of the same ribbon decorating the hood. The cape can fasten with buttons and buttonholes, or fastenings can be dispensed with below the strings.

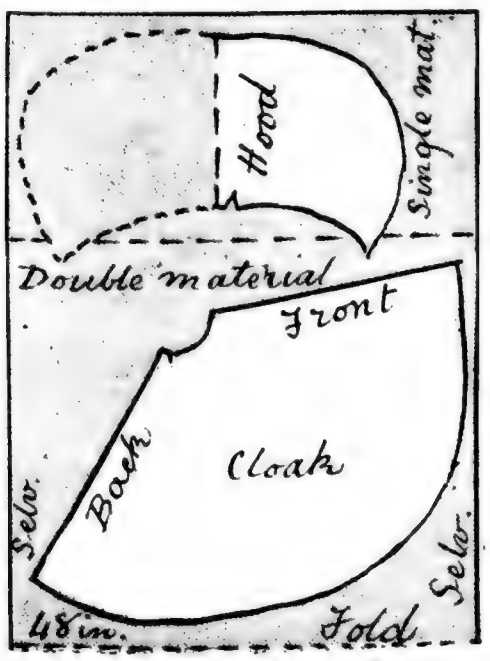


DIAGRAM OF FREE CLOAK PATTERN.

NOVEL MORNING SHIRT-BLOUSE.

For Description see this Page.

THE CUT-OUT PAPER PATTERN OF THIS BLOUSE IS GIVEN FREE WITH THIS NUMBER.

NOVEL MORNING BLOUSE.

This is an excellent model for white Viyella or cashmere, trimmed with cord or piping of the same material. White looks very nice piped with red. The pattern is in six pieces—half the back, the right front (cut with central box-pleat), half the one-piece American yoke, one sleeve, half the collar-band, one cuff. The box-pleat is wheel-marked on front pattern. The diagram shows the pattern pieces paid on 4 yards of 31-inch Viyella, which is opened out and is doubled, so that cuff, front, and sleeve are cut in duplicate. Above, the single material is folded (selvedges meeting), the back centres of back and yoke patterns laid on the fold. A space is marked out for the lacking half of the collar, which hooks at back or front. Left front is cut without box-pleat.

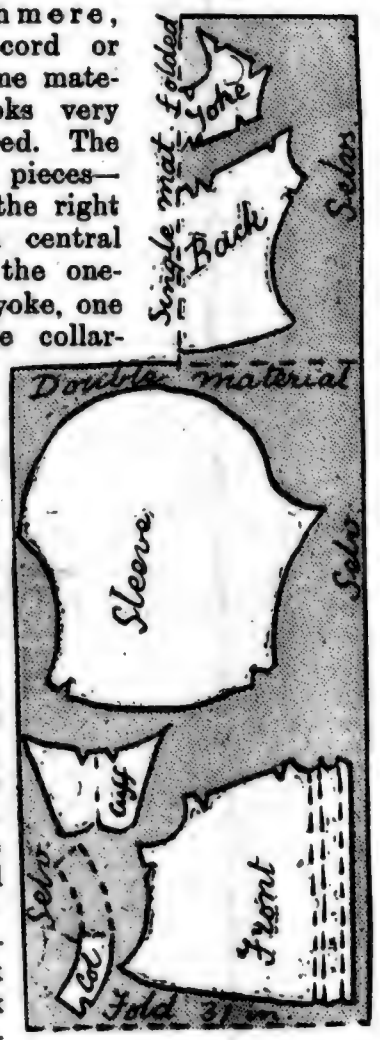


DIAGRAM OF FREE BLOUSE PATTERN.

Arrange the pleat. Pipe the yoke, cuffs, and the two front straps (4-inch mitred bands, 1 inch wide without turnings). Tack together back and fronts. Arrange into the yoke; try on. Make buttonholes down the box-pleat, hem the left front, and sew the buttons down the hem. Seam the side seams (run-and-fell seams). Hem the lower edge. Seam on the band collar according to the notch. It can be lined with its duplicate or be left unlined. It is worn with a batiste collar and a soft ribbon stock, which passes under the buttoned straps.

The sleeve is seamed inside with a fell seam. Gather sleeve into the armhole and bind the seam for neatness. The lower edge is gathered into the very deep cuff, which closes with buttons and buttonholes. Ball buttons of pearl are used.

A broad belt looks well with this blouse, of red leather, matching the tie's soft red silk.

PAPER PATTERNS.

MADAME MYRA, 10 and 11, Fetter Lane, E.C., will cut to measure the pattern of any dress or mantle illustration sent to her for 1s. 6½d. (plain skirt or bodice, or *short* coat). Pleated or tucked styles cost according to complication; of a princess or Empire gown the pattern would cost from 2s. 6½d. post free.

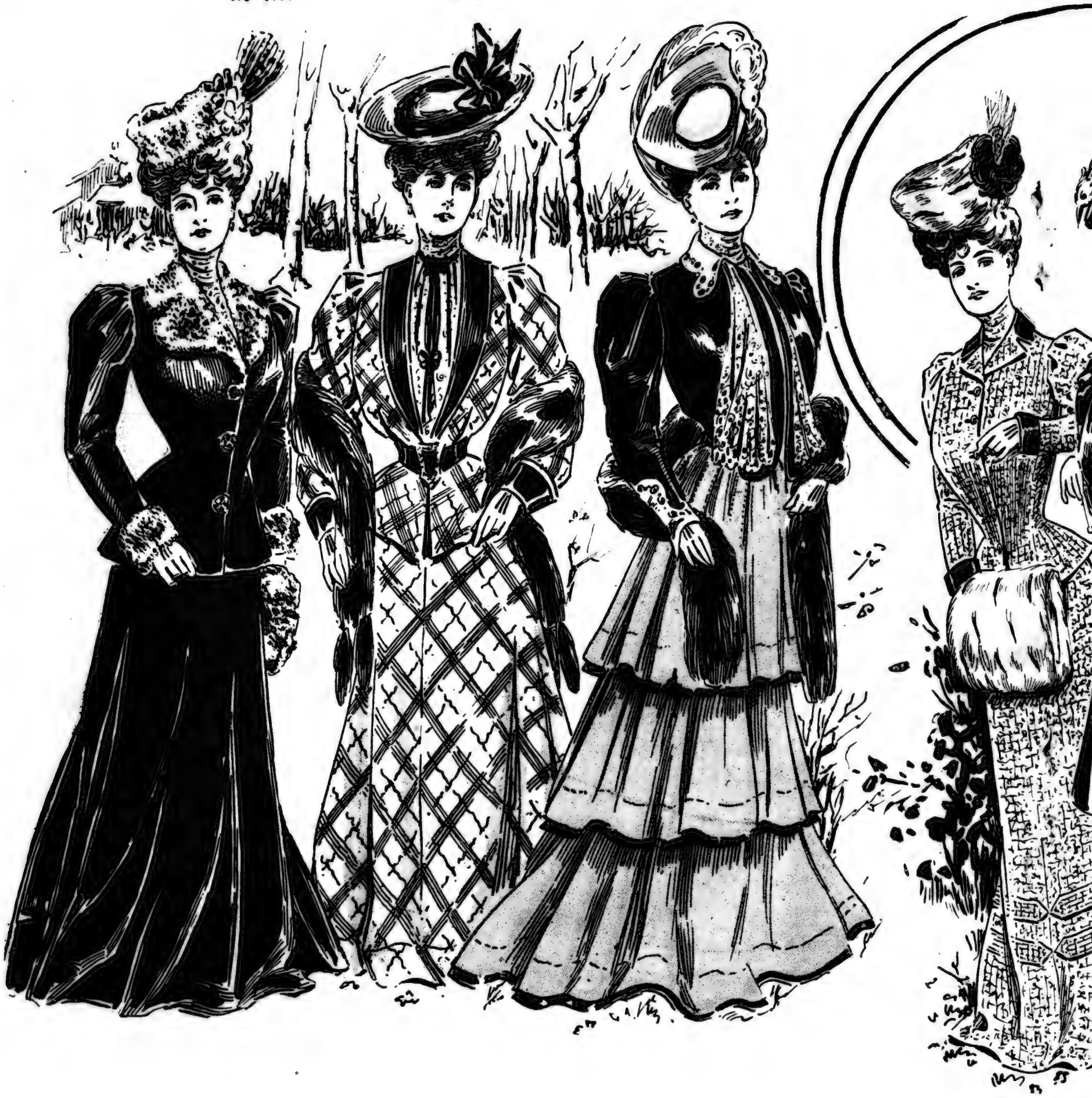
"I thought I must write to tell you how very pleased I am with the skirt pattern you sent me."—E. H.

No. 5787

No. 5788

No. 5789

No. 5790



SMART MID-WINTER COATS AND TAILOR COST

For Descriptions see Pa

Price of Paper Patterns, Empire Mantle, Triple Skirt, Pleated Skirt, Draped Skirt, each 1s. 0½d.; *Skirts, Fou*

No. 5790 No. 5791 No. 5792 No. 5793 No. 5794

AND TAILOR COSTUMES FOR PROMENADES AND VISITING.

For Descriptions see Pages 30 to 34.

l Skirt, each 1s. 0½d.; *Skirts, Foundation Skirts, and Short Coats, each* 6½d., *post free, of* MADAME MYRA, 10 *and* 11, *Fetter Lane, E.C.*

Practical Dressmaking for Home Workers.

A BEAUTIFUL TAILOR SKIRT.

THIS is a particularly good pattern, being smart and graceful, adapted to the heavier autumn fabrics. It fits the hips—a relief to those who dislike the gathered or pleated skirt—and yet has plenty of "flow" about the feet, owing to the curved shape of the gores, a "flow" accentuated by the lapped seams and the inserted pleats. The skirt is

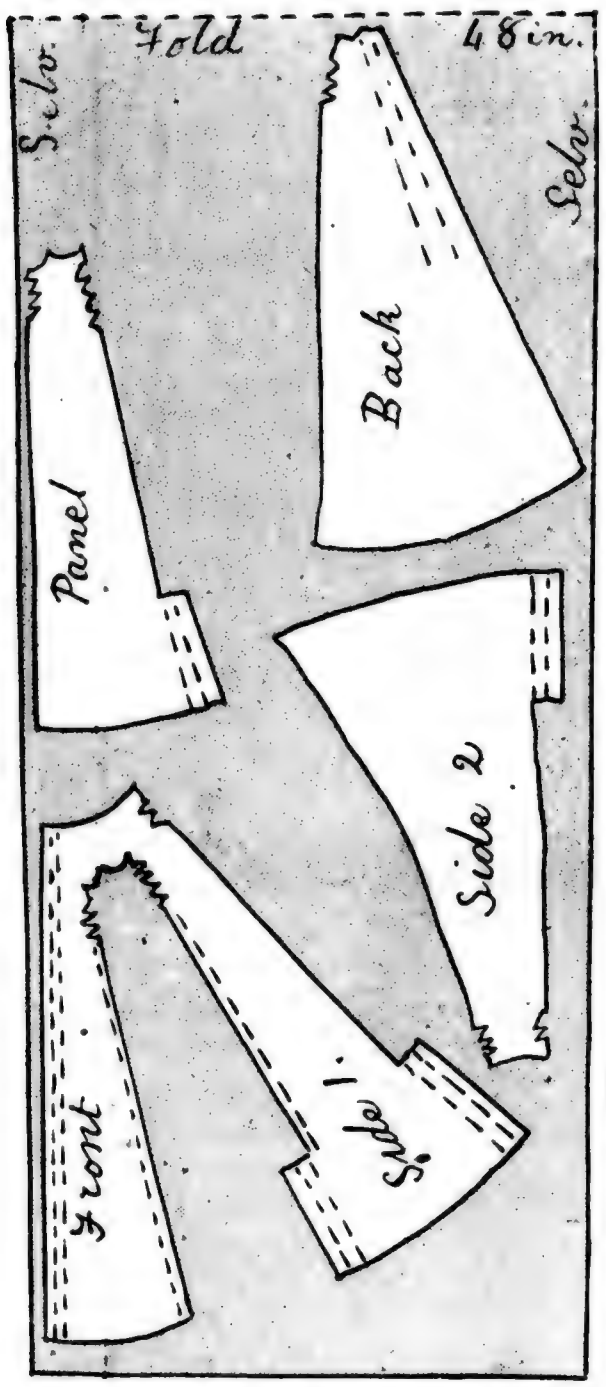


DIAGRAM OF SKIRT PATTERN.

quite untrimmed, but for the stitched laps and front inverted box-pleat.

The pattern is in four pieces—one front (cut in one with side No. 1), one inserted panel, one side, one back which has the inverted box-pleat wheelmarked upon it. The fronts form an inverted box-pleat over the seam, and they join the inserted panel with a lapped seam (lap is given and wheel-marked). The lap of side seam is wheel-marked on side pattern, and the inserted pleats are cut with both breadths which form them. Only the panel seams are lapped. The diagram shows the pattern pieces laid on 6¼ yards of 48-inch serge or tweed, which is opened out, and is double beneath front pattern so that it is cut in one piece, the other pieces being cut in duplicate. The skirt cuts with waste, but it leaves pieces large enough for the greater part of a bolero coat.

Tack together backs, sides, panels, and fronts. Arrange the back and front pleats and the short inserted pleats; try on, making the opening in the back seam. Stitch and press the seams. Fell the lining over the opening edges, put on glove-stud skirt tapes, bind the top edge, and close with two hooks and eyes. Insert the pocket in the back opening. Turn up the skirt hem,

No. 5795. A BEAUTIFUL TAILOR SKIRT.

For Description see this Page.

Price of Paper Pattern, 1s. 0½d.; Foundation Skirt, 6½d.; post free, of MADAME MYRA, *10 and 11, Fetter Lane, E.C.*

and either fell it invisibly or stitch it down firmly.

The front pleats are stitched down all the way, the back pleats for a few inches. Wear over a five-gore foundation skirt.

AN EVENING BLOUSE OF SILK MUSLIN.

A very pretty model, conveniently closing in front, this blouse has the added charm of cheapness. The pattern is in eight pieces—three for silk or mercerised lining (sleeves, half the back, one front), two for stiff lining like tailor canvas (half the back and one front of belt), and three for the silk muslin (one sleeve, half the back, one front). The blouse closes with hooks and worked eyelet holes down the front, concealed in the fulness of the muslin.

The diagram shows the three blouse pieces (sleeve, half back, front) laid on 3 yards of 44-inch silk muslin, which is opened out and is double under the sleeve pattern, so that sleeve is cut in duplicate. The single material is folded over (selvedges meeting), the back centre of back pattern laid on the fold so that back is cut in one piece, the front being cut in duplicate. The diagram of the lining pattern shows sleeve, front and back laid on 2½ yards 22-inch lining silk, which is double beneath sleeve and front patterns, so that each is cut in duplicate. A space is marked out on the single material for the lacking half of the back.

Cut the lining, muslin and belt. Tack together back and fronts of lining. Tack the front darts (wheel-marked on pattern); fit and stitch the breast darts. Arrange the muslin fronts and backs on the lining.

DIAGRAM OF BLOUSE PATTERN.

Re-tack side and shoulder seams. Fit again. Sew the seams. Hem the lining and the muslin's lower edges. The lining ceases at the waistline. Arrange the front edges.

Put small silk-covered hooks under the right edge and pierce holes down the left front with a stiletto, working over the holes with satin stitch. The collar is of wide lace, threaded with ribbon. The edges are slip-stitched on the muslin. The free edges of the end which is sewn on the left to the left front, closes with tiny hooks and worked loops on the muslin of the left front.

The sleeve is gathered on the lining. The seam is made and the lace sewn in place. The top is eased into the shoulder. The sleeve is stitched into the armhole and the seam is overcast.

No. 5796. A PRETTY EVENING BLOUSE. (With New Belt.)

For Description see this Page.

Price of Paper Pattern, 6½d., post free, of MADAME MYRA, *10 and 11, Fetter Lane, E.C.*

The belt, of fine tailor canvas, consists of a back and two fronts, seamed at the sides to fit tautly, the belt hooking down the front. It is carefully boned at back and sides, and up the front edges, and the top is bound with strips of the lining silk. On this foundation broad 12-inch soft ribbon (of the lining shade) is arranged. Only the right end is gathered and secured to the right seam, and the other end is gathered up under a rosette. When the belt foundation is hooked on, the ribbon is drawn round the body and is secured in place with two or three decorative "lace" pins, the free end being finally pinned on the bodice to meet the lace fichu.

This is an admirable belt for blouses of all kinds.

A SIMPLE DRESSING JACKET.

(See No. 5763, page 12.)

Like all simple styles this charming little *déshabillé* is very pretty and good form. It looks excellent in washing silk; or it can be made of nun's veiling or Viyella if a warmer material is preferred. I like silk for a dressing-jacket, as it is protective and so very light.

The pattern is in four pieces—half the collar, one front, one sleeve, half the back. The diagram shows the pattern pieces laid on 4 yards of 36-inch silk, which is opened out and is double beneath the sleeve pattern so that the sleeve is cut in duplicate. The single material is folded over (selvedges meeting), the back centre of back pattern laid along the fold so that the back is cut in a single piece, the front and collar pieces being cut in duplicate.

Tack together fronts and back. Try on. Sew the seams (a run-and-fell seam). Stitch wide false hems down the fronts; then make the buttonholes, and sew on the round pearl buttons. Hem the jacket's lower edge. Seam, hem, and trim the sleeve. Arrange the sleeve in place on the wearer, stitch in the sleeve and bind the seam. Seam the collar down the back. Hem it with lace insertion and a whipped-on frill of lace. Seam the collar on the neck, and fell a bias band of silk over the seam.

WINTER COAT FOR A LITTLE GIRL.

This capital model is quite easy to make with a little care and attention. The pattern, cut for a girl of four to six years, is in six pieces — half the back, one double-breasted front, half the cape collar, the upper and under of one sleeve, one cuff. The diagram shows the pattern pieces laid on 2¼ yards of warm coating or box cloth which is folded at the dotted line (selvedges meeting), the back centres of back and collar laid along the fold so that each is cut in duplicate. A space is marked out

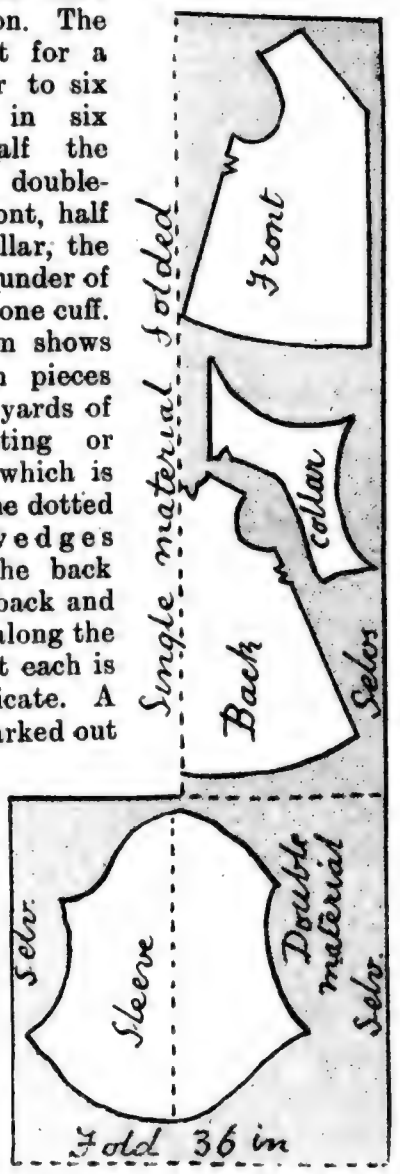


DIAGRAM OF DRESSING JACKET PATTERN.

(*For Illustration, see Page 12.*)

cut in a single piece, the other piece being cut in duplicate. A space is marked out for the front facing (cut on front pattern).

Tack together back and fronts. Try on. Stitch and press the seams. Line the fronts to beyond the buttons with very thin tailor canvas, and face it with cloth. Turn up the lower edge over a band of canvas and stitch down. Make the buttonholes in the right front and sew on the two rows of buttons. Turn the collar edge over a band of canvas and stitch down. Face it with velvet, and edge it with fur. Cut a lining of silk on the coat pattern. Stitch and press it. Tack it in place and slipstitch its edges over the stitched cloth edges and front facings. Sew on the collar, felling the facing over the seam.

Seam and press the sleeve. Make the cuff (seamed) of stiffened fur, and seam it to the sleeve edge. Seam and press the lining, tack it in place and fell the wrist edge over the cuff seam. Pin sleeve in place on the wearer. Stitch it in. Overcast the seam, and fell the sleeve lining over it.

For technical descriptions (with diagrams) on the making of a Djibeh lounge gown, and of a smart box-pleated skirt, on the cutting and making of a dainty combination (cache corset and skirt drawers), and of a baby's new slip skirt, see the December number of MYRA'S JOURNAL (our handsome enlarged Christmas Number, with five supplements: four free patterns, and the beautiful photogravure, "Happy Days").

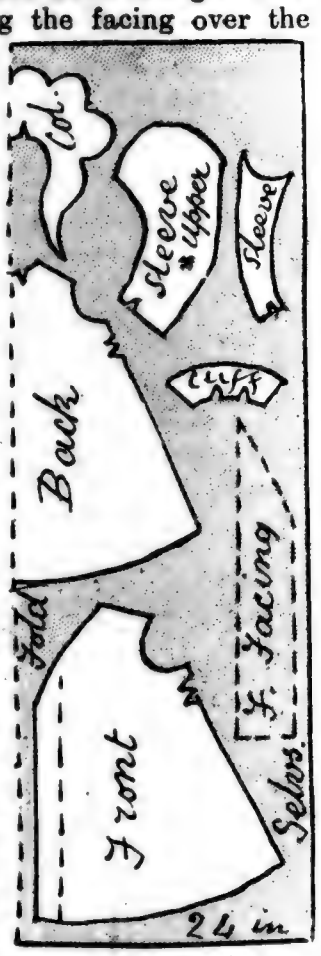


DIAGRAM OF GIRL'S COAT

No. 5797. GIRL'S WINTER COAT.

For description see this page.

Price of Paper Pattern, 6½d., post free, of MADAME MYRA, *10 and 11, Fetter Lane, E.C.*

"I never miss a chance of recommending 'Myra's Journal,' as I think it a treasure.' —Mrs. M., Carmarthen.

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(Suitable for Children's Underclothing).

White Peri-Lusta, size D. Steel Knitting Needles, size 18.

Abbreviations.—s *for slip*, k *for knit*, m *for make*, rep *for repeat.*

Cast on 12 stitches.

1st row.—S 1, k 1, m 1, k 2 together, m 1, k 1, m 1, k 2 together, m 1, k 2 together, m 2, k 2 together, k 1.

2nd row.—K 3, purl 1, k 1, purl 9.

3rd row.—S 1, k 1, m 1, k 2 together, m 1, k 3, m 1, k 2 together, m 1, k 2 together, m 2, k 1, m 1, k 2.

4th row.—K 2, purl 1, k 2, purl 1, k 1, purl 11.

5th row.—S 1, k 1, m 1, k 2 together, m 1, k 5, m 1, k 2 together, m 1, k 2 together, m 2, k 2 together, m 2, k 2 together, k 1.

6th row.—K 3, purl 1, k 2, purl 1, k 1, purl 13.

7th row.—S 1, k 1, m 1, k 2 together, m 1, s 1, k 1, pass the slipped stitch over, k 2, k 2 together, m 1, k 2 together, m 1, k 2 together, * m 2, k 2 together, rep from * twice, k 1.

8th row.—K 3, purl 1, k 2, purl 1, k 2, purl 1, k 1, purl 12.

9th row.—S 1, k 2 together, m 1, k 2 together, m 1, s 1, k 1, pass the slipped stitch over, k 1, k 2 together, m 1, k 2 together, m 1, k 2 together, * m 2, k 2 together, rep from * 3 times, k 1.

10th row.—K 3, purl 1, k 2, purl 1, k 2, purl 1, k 2, purl 1, k 1, purl 11.

11th row.—S 1, k 2 together, m 1, k 2 together, m 1, s 1, k 2 together, pass the slipped stitch over, m 1, k 2 together, m 1, k 2 together, k 13.

12th row.—Cast off 11 stitches, purl 11 stitches.

Repeat from the 1st row for the length required.

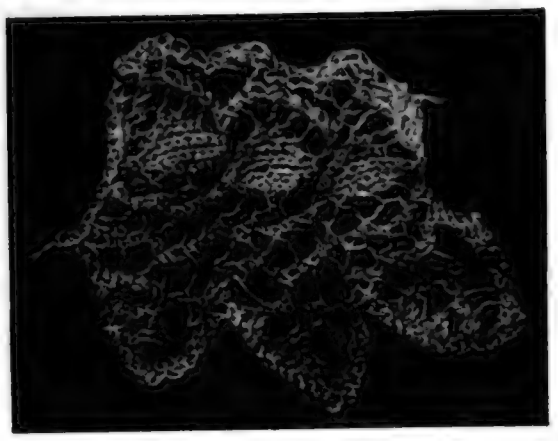
KNITTED INSERTION.

White Peri-Lusta, size D. Steel Knitting Needles No. 18.

Cast on 29 stitches.

1st row.—S 1, k 2, m 1, k 2 together, k 2 together, k 2, k 2 together, m 1, k 3, m 1, k 1, m 1, k 3, m 1, s 1, k 1, pass the slipped stitch over, k 2, s 1, k 1, pass the slipped stitch over, k 2, m 1, k 2 together, k 1.

2nd row.—S 1, k 2, m 1, k 2 together, purl 19, k 2, m 1, k 2 together, k 1; all the alternate rows are the same as this row.



Knitted Edging in Peri Lusta Thread.

Knitted Insertion in Peri-Lusta Thread.

3rd row.—S 1, k 2, m 1, k 2 together, k 2, k 2 together, m 1, k 2, k 2 together, m 1, k 3, m 1, s 1, k 1, pass the slipped stitch over, k 2, m 1, s 1, k 1, pass the slipped stitch over, k 4, m 1, k 2 together, k 1.

5th row.—S 1, k 2, m 1, k 2 together, k 1, k 2 together, m 1, k 2, k 2 together, m 1, k 5, m 1, s 1, k 1, pass the slipped stitch over, k 2, m 1, s 1, k 1, pass the slipped stitch over, k 3, m 1, k 2 together, k 1.

7th row.—S 1, k 2, m 1, k 2 together, k 2 together, m 1, k 2, k 2 together, m 1, k 7, m 1, s 1, k 1, pass the slipped stitch over, k 2, m 1, s 1, k 1, pass the slipped stitch over, k 2, m 1, k 2 together, k 1.

9th row.—S 1, k 2, m 1, k 2 together, k 3, k 2 together, m 1, k 3, m 1, k 2 together, m 1, k 2 together, k 2, m 1, s 1, k 1, pass the slipped stitch over, k 5, m 1, k 2 together, k 1.

11th row.—S 1, k 2, m 1, k 2 together, k 2, k 2 together, m 1, k 3, * m 1, k 2 together, rep from * twice, k 2, m 1, s 1, k 1, pass the slipped stitch over, k 4, m 1, k 2 together, k 1.

13th row.—S 1, k 2, m 1, k 2 together, k 1, k 2 together, m 1, k 1, m 1, s 1, k 1, pass the slipped stitch over, k 2, m 1, k 2 together, m 1, k 2 together, k 1, k 2 together, m 1, k 1, m 1, s 1, k 1, pass the slipped stitch over, k 3, m 1, k 2 together, k 1.

15th row.—S 1, k 2, m 1, k 2 together, k 2 together, m 1, k 3, m 1, s 1, k 1, pass the slipped stitch over, k 5, k 2 together, m 1, k 3, m 1, s 1, k 1, pass the slipped stitch over, k 2, m 1, k 2 together, k 1.

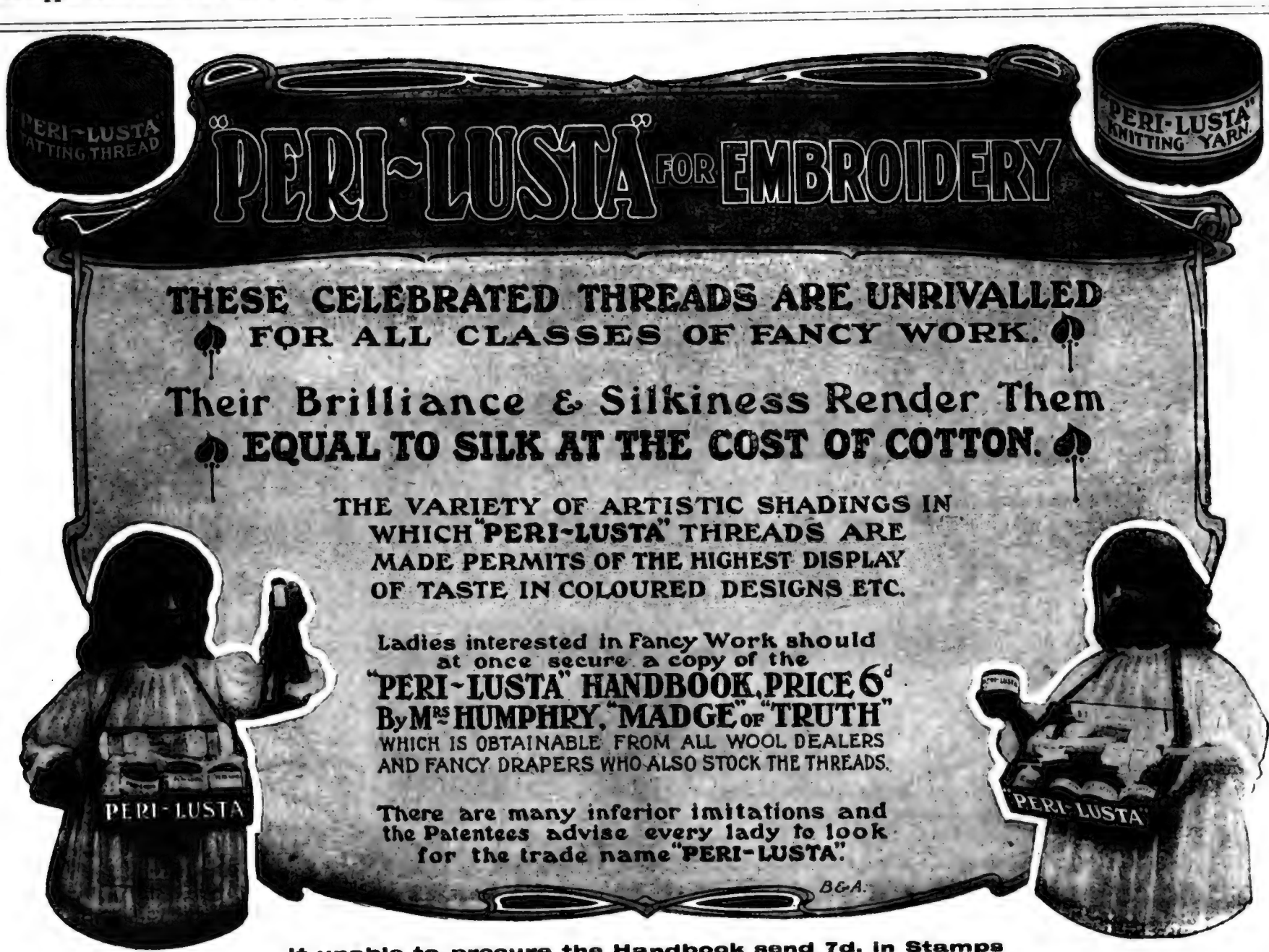
17th row.—S 1, k 2, m 1, k 2 together, k 3, k 2 together, m 1, k 1, m 1, s 1, k 1, pass the slipped stitch over, k 3, k 2 together, m 1, k 1, m 1, s 1, k 1, pass the slipped stitch over, k 5, m 1, k 2 together, k 1.

19th row.—S 1, k 2, m 1, k 2 together, k 2, k 2 together, m 1, k 3, m 1, s 1, k 1, pass the slipped stitch over, k 1, k 2 together, m 1, k 3, m 1, s 1, k 1, pass the slipped stitch over, k 4, m 1, k 2 together, k 1.

21st row.—S 1, k 2, m 1, k 2 together, k 1, k 2 together, m 1, k 2, k 2 together, m 1, k 1, m 1, s 1, k 2 together, pass the slipped stitch over, m 1, k 1, m 1, s 1, k 1, pass the slipped stitch over, k 2, m 1, s 1, k 1, pass the slipped stitch over, k 3, m 1, k 2 together, k 1,

22nd row.—S 1, k 2, m 1, k 2 together, purl 19, k 2, m 1, k 2 together, k 1.

Rep from the 1st row for the length required.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EMPLOYMENTS.

A HAPPY New Year to my readers, one and all! A trite observation, doubtless, and one that is possibly too well worked, from the greeting bestowed by the errand boy—with a view to favours to come, immediately he hopes—to the patronising benediction of our richest and least accessible relative. This last, by the way, as a rule arrives by post. Still, though the idea is old, it is also ever new. It is when we have settled our accounts with the old year, balanced our books of conduct—alas! how often they balance but ill, with a heavy list to the debit side—and are endeavouring as best we may to repair our sins of omission and commission in the past. Well, whether the old year has brought us loss or gain of friends, substance or health, sorrow or joy, weal or woe, or that mixture of the two which makes up the average lot of the average dweller in this best of all possible worlds, it is gone, gone beyond recall, and all that remains for us is to resolve to profit by the lessons and experiences we learnt then.

If we are not influenced by practical experience—most remorseless and best of task-masters—nothing in this world will ever teach us. Experience flogs our impressions into us; moralising allows them to float in at one ear and out of the other.

Believe me, whatever your lot in life, and no one knows better than I do how cruelly hard fate and fortune are to some amongst us, there are but few who experience their worst buffets.

Among the hundreds of letters I receive I have to judge who it is who bears their hard fate with resignation and dignity; who it is who repines at every adverse wind; who it is who makes a mountain from a mole-hill; who it is whom Fate seems to have selected as a victim. This I will say, as a rule our sex is bravest when it is a question of day-by-day endurance; she has the hardest part to play in life, and well she knows that

"They also serve who only stand and wait."

Indeed, is it not the most difficult service? Nearly all of us can screw our courage up once in a while, and lead a forlorn hope; but it needs sterner stuff to face the plain, dull duty from which perhaps we could escape if we stifled conscience. So those of you who are doing the noblest thing you can do—what you feel to be right—take courage and believe that there is recompense for all things. In all lives there is a season when, as the countryman had it, "We eat our white bread"; in all lives Opportunity is said to knock once at the door. She may have passed you by over and over again; but perhaps this very year she will come. And, if so, be ready for her! Don't have a fixed idea that because you have been badly treated in the past there will never be a change in your fortunes. "It is always darkest before dawn," and when things reach their lowest ebb they are bound to rise again.

Above all, then, don't lose opportunities. And don't set your standard of aspirations and desires too high. Every young girl knows that life holds a golden future for her; it is her heritage. But as the years creep on illusions vanish one by one, like the lovely early morning mists before the sun's rays. They can only last a little while, those illusions, and we are none the less happy when they are dispelled, because for the shadows of anticipation we have got the substance of realisation. Perhaps not what we expected! Oh, dear no! Most likely we don't even want them now. We know it was not even worth wishing for; but it pleased us while it lasted, and that goes on through life. As we lose one thing, one hope, one desire, one aim, one ambition, one affection, another is vouchsafed to us which fills our lives for the time being, until we reach our goal, when, like tired children, we put aside all the baubles that pleased us while we were able to play with them. In life we have our good days and our bad, our play and our work days, our days of sorrow, and our days of mirth, and as I said before, we know we cannot have all we want, so we make up our minds to enjoy what is vouchsafed to us.

No. 5798. A WINTER REDINGOTE.
For Description see Pages 30 to 34.
Price of Paper Pattern, 1s. 0½d., post free, of MADAME MYRA, *10 and 11, Fetter Lane, E.C.*

Cultivate, if you do not possess, a happy spirit. Evil temper is a curse to its possessor, and to those around her. It ages a woman, and it makes the prospect of advancing years a terror to her. "Whom the gods love die young"—not in years, but in heart, and, indeed, the young heart is a thrice-blessed gift. If it has not been granted to you, try to acquire it; it is not easy, but the very effort will endear you to those around you. So whatever this New Year is going to bring us, weal or woe, fortune or misfortune, gain or loss, let us resolve to meet it bravely.

I cannot do better than conclude by a quotation, which, if any of my readers do not know, they must be glad to learn, and which is especially applicable when we have all closed a volume in the big Book of Life:

"We live in deeds, not years; in thoughts, not breaths;
In feelings, not in figures on a dial.
We should count time by heart throbs, the most lives
Who thinks most, feels the noblest, acts the best."

FREE REGISTER.

Notices for repetition must be written on one side only of a separate sheet of paper, and bear the Register number.

Will correspondents kindly note that notices for re-insertion must either be cut out of this list, or copied on one side of a separate sheet of paper. In every case the Register number must be put at the top left-hand corner.

No. 381.—Costumes complete, or ladies' own materials. Blouses. Highly recommended. Moderate charges. (Tonbridge.)

No. 393.—Post wanted as fitter, or in show room. West End essential. Aged 20; height, 5ft 8½ins. Regent Street experience.

No. 394.—Advertiser would copy music or business letters very cheaply.

No. 395.—Ladies' tailor. Costumes complete from £2 2s. Blouses, skirts, underclothing, etc. supplied at wholesale prices. (Stoke Newington.)

No. 396.—Dressmaking and millinery. Ladies' own materials made up. Dealer in ladies' and children's wardrobes.

ANSWERS TO CORRESPONDENTS.

NOTE.—All letters should be sent to Miss Winifred Jones. Correspondents are especially requested to observe this, as otherwise delay inevitably occurs.

Notices for re-insertion must be written out on a separate sheet, and on one side of the paper only. The number must be written at the top left-hand corner, and each notice must be accompanied by the Current Coupon (see page 42).

NOTICE.—Letters requiring a private reply must enclose a stamped envelope and twelve halfpenny stamps.

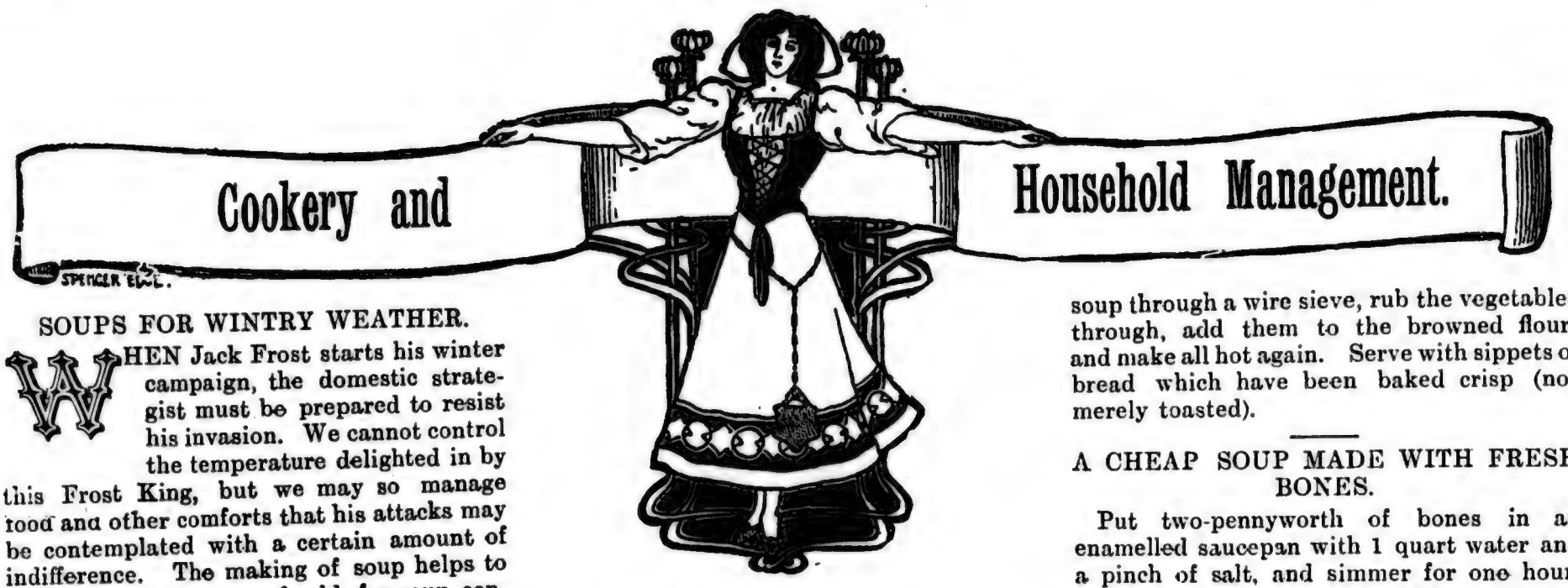
ORDERS RECEIVED FOR MILLINERY (Mdlle. T.).—I was very pleased to get your letter telling me how many regular customers you had obtained through this bureau, including one as far away as India. I know MYRA traverses the globe, and it is always interesting to find oneself in touch with the remote outposts of our Empire. If my readers only realized how much pleasure it gives me to know of their successes through this column I think they would write oftener. If you want your notice to appear regularly you must copy or cut it out of the paper—you will see the new notice about this.

DRESSMAKER AND MILLINER (Madame C.).—I am doing as you wish, though the latter portion of your notice is somewhat outside the scope of this bureau. I notice that you make up ladies' own materials.

POST WANTED AS FITTER (S. F.).—I was so glad to receive your courteous, grateful letter, and I am very pleased to have "helped" you "heaps already." I strongly advise you to qualify as a fitter, for as this is the most difficult branch of dressmaking, so it is the best paid. Paris experience for this is almost indispensable, but that you could get later on. You would not be as well paid, probably, in the show-room, but you will have to see what turns up. Let me know what you do, and how you get on.

(*Concluded on page* 42.)

January 20.—"Of all the ladies' papers that are published 'Myra' is undoubtedly the very best."—M. H.



SOUPS FOR WINTRY WEATHER.

WHEN Jack Frost starts his winter campaign, the domestic strategist must be prepared to resist his invasion. We cannot control the temperature delighted in by this Frost King, but we may so manage food and other comforts that his attacks may be contemplated with a certain amount of indifference. The making of soup helps to a successful resistance of cold, for soup contributes more to warmth than many people realise. Too many English folk imagine soup to be either an extravagance or a waste of energy. They argue that if it is to be good, much expense in "soup meat" is involved. While if it be of poor quality, it is worse than useless.

It is quite true that in an ordinary household the purchase of meat to be used exclusively for soup would be reckless extravagance; but it is not therefore necessary to forswear soup altogether. It is also true that poor soup has no value as nutriment, but soup may be good and nourishing, even though it be made of very humble materials.

A few general principles must be mastered for successful soup-making. First, it is needful to say that stock and soup are not the same thing. Next, that soup may be made, and well made, without stock at all.

When stock is made, it must not be attempted on the same day the soup is needed, but must be made ready the day before.

All bones and trimmings of meat must be saved, and broken or cut into small pieces, so that all the good may be extracted from them.

Bones, meat, &c., must be put on in cold water.

Stock must cook very slowly indeed, and must only simmer; i.e., it must only show little bubbles all round the edge of the pan, and must never bubble and boil all over.

If soup is to be thickened, either flour and butter or yolk of egg may be used; but if a *purée* is desired all the ingredients—vegetables, &c.—must be rubbed through a sieve, and added to the stock in the form of pulp.

Now, if the house-mother has convinced herself that soup is desirable, she must remember that from the rinds of the morning rasher of bacon, the carcases of game or poultry, the skeletons of joints, and the bones left from cutlets, to the outside leaves of vegetables, and a thousand and one odds and ends found in every kitchen, including even very hard crusts, useful soup may be evolved if she only will take the trouble to prepare them properly, observing all the above-named rules.

After simmering as many hours as is possible, the stock must be strained into a basin and left till next day, so that the fat may be easily removed, and any sediment as easily left in the basin when the stock is poured off.

When there is stock available the variations of soup are endless, and I give one or two recipes.

CABBAGE SOUP.

Chop 2lb of cabbage small, and fry lightly in ¼lb dripping. Add 2 quarts of stock, a seasoning of pepper and salt, and boil for 1 hour and twenty minutes. Rub through a sieve, and return to the pan. Then take a dessertspoonful of cornflour, mix it to a paste with a little water (or milk if that be at hand), add to the stock, boil up once, and serve with little dice of fried bread.

VEGETABLE SOUP.

Wash 2 tablespoonfuls of rice, and place in a stew-pan with a turnip, an onion, and a stick of celery, all cut small. Add 3 quarts of stock made from bones and remnants, and simmer slowly for 2 hours. Then mix a tablespoonful of oatmeal with a little cold water, put into this a little of the hot liquor, stir well, and add to the soup. Bring to boil, add pepper and salt to taste, stir well as it cooks, and skim well.

ONION SOUP WITHOUT STOCK.

One pound onions, peeled and sliced; 2lb potatoes, also peeled and sliced; fry these a light brown in 3oz beef dripping, stirring frequently to prevent burning. Add 3 quarts of boiling water, pepper and salt to taste, and simmer till the vegetables are tender. Rub the vegetables through a sieve, using a wooden spoon for the purpose, and moistening when necessary with a little of the soup. Mix a tablespoonful of oatmeal with a little cold water, and add to the soup. Boil up once, and simmer for half an hour longer. Then serve.

A VERY SIMPLE SOUP.

One pound haricot beans soaked overnight in cold water, drain them and put them into a saucepan with 2 quarts of cold water, 1 carrot, a small turnip, 2 small onions, all cut small, and simmer slowly for 3 hours. Then cook 1oz beef dripping in a saucepan, with 1oz flour until they are light brown. Strain the soup through a wire sieve, rub the vegetables through, add them to the browned flour, and make all hot again. Serve with sippets of bread which have been baked crisp (not merely toasted).

A CHEAP SOUP MADE WITH FRESH BONES.

Put two-pennyworth of bones in an enamelled saucepan with 1 quart water and a pinch of salt, and simmer for one hour. Strain off the liquor, and add to it 10 or 12 artichokes, well washed, but not peeled; half a Spanish onion, 6 cloves, a pinch of mixed herbs, and a little pepper. Return to the pan and boil for 1 hour. Then press through a wire sieve, add ½ pint of milk, and a tiny piece of butter boiled up and slightly thickened with a tablespoonful of boiled rice. Serve with croutons of fried bread.

A wise housewife will vary the above recipes indefinitely, using for stock whatever odds and ends she has, and remembering that a fried crust of bread is an excellent foundation for a soup which has water, seasonings, and vegetables of any kind handy for its only other ingredients, the necessary method being long and slow simmering.

I shall be glad to give recipes for fish soups, clear soups, purées, &c., in correspondence.

LETITIA HOPE.

(*For Answers to Correspondents, see page 42*)

Cookery Recipes and Household Hints PRIZE COMPETITION

To provide our readers with interesting and original recipes for Cooking and Hints for the Household, we are offering:

FOUR PRIZES, 2s. 6d. each, for the Six Best Cooking Recipes, and

FOUR PRIZES, 2s. 6d. each, for the Six Best Household Hints.

Competitors must send in their Recipes and Hints on or before January 15, addressed to "Mrs. Hope, Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

One or both the coupons below must be sent in with the Recipes or Hints.

Competitors must write their Cookery Recipes and Household Hints on *separate sheets*, and put their name and address on each. The sheets can then be pinned together with each coupon.

COOKING RECIPES.
JANUARY, 1905.

HOUSEHOLD HINTS.
JANUARY, 1905.

The Result of the Competition will be published in the March number.

November 29, 1901.—"I have been a subscriber to your journal for many years and always find it most useful to me in my business."—E. Stonning

Prize Recipes and Household Hints.

NOTE.—All recipes and hints intended for competition must be sent to Mrs. Hope, 10 and 11, Fetter Lane, E.C. They should not be included in envelopes containing queries for other departments, as that entails considerable delay, and often causes the competing papers to reach Mrs. Hope too late for the Competition. Competitors must write their recipes or hints each on a separate sheet, and must put *their name and address* on each.

Mrs. Hope wishes it to be understood that she cannot enter into correspondence with regard to the Hints and Recipes Competitions.

She must further remind competitors that efforts which are not accompanied by a coupon are not considered at all, and that names and addresses of *prize winners* are always printed. All efforts are welcomed, but the rules must be kept, and competitors who write "please do not publish my address" must not expect to gain prizes.

PRIZE COOKERY RECIPES.

A prize of 2s. 6d. has been awarded for each of the following recipes:—

Norfolk Pudding Puffs.—Mix three eggs, three table-spoonfuls of flour, ½ pint of cream, and two table-spoonfuls of orange-flower or rose-water. Sweeten to taste. Put the batter in large deep custard cups (half full), set them in the oven. When the puff rises to the top of the cups they are done.—Dorothy Timms, Gaydon Fields, Warwick.

Club Toast Savoury.—2oz of chopped onions, 2oz of butter, 2oz of tomato pulp, two tablespoonfuls of Worcester sauce, pepper, salt, and two eggs. Simmer the chopped onions in the butter till tender, about half-an-hour, add tomato pulp, sauce, pepper and salt, and simmer for ten minutes, add eggs well beaten, stir till quite hot, and serve quickly on small rounds of toast.—Miss Ringrow, The Hermitage, Earith, Huntingdonshire.

How to make Frumenty.—Take a quarter of a pint of wheat, wash thoroughly, and let it soak for twelve hours or more in water. Strain off, and let it boil in milk till tender, but do not let it get pulpy. As soon as it is soft add a quart of milk, flavoured with cinnamon, 3oz of sugar, and 3oz of currants; boil for a quarter of an hour. Beat up three yolks of eggs in a tureen, and gradually add the mixture. It must not be added to the eggs in a boiling state, or they will curdle.—Mrs. B. Dalby, 3, Holland Road, Brixton, S.W.

Mock Jugged Hare.—2lb shin of beef, 1 large onion, 1 large carrot, two tablespoonfuls beer. Cut the beef into neat pieces and brown in a frying pan with a little very hot fat; put into a stewpan with 1½ pints of stock or water, and the carrot cut small. Fry the onion and add with the beer. Simmer gently for four hours; then make small forcemeat balls and set by dropping them in boiling water, and add to the stew. Simmer all together for one hour longer. Then take up meat and vegetable, and thicken gravy with a tablespoonful of flour and a little butter. Add pepper and salt to taste, and serve very hot with red currant jelly.—Mrs. Penfold, 100, High Street, Ashford, Kent.

SOME RECIPES COMMENDED AND RECOMMENDED.

Snow Apple.—This is a Danish dish for dessert. Take twenty large apples and bake them till tender enough to draw off the peel; rub them through a tamis; add sugar to taste, pounded cinnamon, and grated lemon-peel. Keep stirring always the same way for a quarter of an hour; beat up the whites of six eggs to a stiff froth, add it, and still keep stirring. Fix a hoop on a sheet of paper, butter it, and pour the snow in; bake in a very cool oven.—Kent.

Salsify Cooked to resemble Scalloped Oysters.—Scrape the roots until white, and boil the salsify thoroughly with a little drop of vinegar in the water, 1oz of butter mixed and kneaded with 1oz of flour, and a little cream or milk, 1 teaspoonful of anchovy sauce, and pepper. Add the yolk of an egg and a little lemon juice. Cut the salsify into small pieces to resemble oysters, stir them with the sauce, and fill your scallop-shells or dish. Cover with a thick coating of fine breadcrumbs, and when a light brown colour serve hot.—Surrey.

Brunswick Gateau.—Make a short crust by rubbing 3oz of butter and 1oz of sugar into 6oz of flour, wetting with a very little water, and rolling out thin. Line a round cake tin with this pastry, carrying it one and a-half inches up the side, put in a layer of stewed apricots or any fruit (not too much stewed), sprinkle with sugar, then put a layer of pastry, then again some fruit, and last of all some crust, taking care to press the edges well together. Bake for about an hour, and when cold, decorate the top with whipped cream and little patches of currant jelly or glace cherries.—Ipswich.

Potted Kipper.—Have about three kippered herrings that have been cooked, take away all the skin and as much bone as possible, and rub the kippers through a wire sieve. Put 2oz of butter into a mortar, very ilttle salt, a good seasoning of pepper and pounded mace, and a squeeze of lemon juice. Add the kippers and pound all together till very smooth; put into small jars. If not wanted immediately, melt some butter and pour over the top.—Kirkly, Lonsdale.

Apricot Custard.—Line a pie-dish with a good short crust. Spread smoothly at the bottom a layer of apricot jam about half inch in thickness and pour over it a custard made of 1 pint of new milk, three eggs, and a teaspoonful of ground rice, a little sugar, and four drops of essence of almonds. Bake in a quick oven 15 minutes.—Sutton Valence.

FOUR PRIZES, EACH 2s. 6d.,
ARE AWARDED FOR THE
FOUR BEST COOKERY RECIPES.

FOUR PRIZES, EACH 2s. 6d.,
ARE AWARDED FOR THE
FOUR BEST HOUSEHOLD HINTS.

HOUSEHOLD HINTS.

A Prize of 2s. 6d. is awarded for each of the following Hints:—

To Remove a Splinter.—Fill a bottle half way full of boiling water, put the injured part on the mouth of the bottle, and just press on it a little. In a few minutes this will extract the splinter, and reduce inflammation if there is any.—Mrs. Sadler, 7, Durham Road, Wimbledon.

A Musician's Advice.—When the strings of a piano are rusty, rub them with powdered black lead, do this every six weeks or two months, and it will add years to the life of a piano.—Miss Bedford, 22, Priory Crescent, Lewes.

To Clean Greasy Ovens.—Dust thoroughly, plates and all, with powdered lime, and sprinkle this thickly at the bottom. Heat the oven well. Let it cool, and then brush it out. The lime will soak up all grease.—I. Puttick, 3, Holland Road, Brixton, S.W.

A Sure Way to Keep Salt from Getting Lumpy in the Dampest Weather.—Take two penny lumps of salt and put in oven over night; take out in morning and let it get quite cold. Rub together and well mix ¼lb cornflour; put all through wire sieve, and store in large jar.—Miss Ringrow, The Hermitage, Earith, Hunts.

HOUSEHOLD HINTS COMMENDED AND RECOMMENDED.

Barometer.—All that is needed for this is a glass jam jar and an old oil flask. Fill the former three parts full of water, and after cleaning the flask, put it neck downwards into the jar. The finer the weather is going to be the higher the water will rise in the flask. This is a very useful and reliable barometer, but as it is not a very elegant article, I only suggest it for the kitchen.—Maidstone.

When peeling onions put a small piece into your mouth, then you will not have to weep over your work.—Lewes.

To Clean Straw Matting.—Put 3 pints of bran in 2 quarts of water, and boil. When it is nearly cool, wash the matting with it, and afterwards dry it well with a clean cloth. Add a little salt in the water for white matting, and vinegar for red.—Sutton Valence.

A Cold Weather Hint.—To clean windows in frosty weather, moisten a cloth or wash-leather with methylated spirits instead of water, and the task will be very easily and quickly accomplished.—Manchester.

A Store Room Hint.—See that pickles, capers, and other things preserved in vinegar or syrup are completely covered with liquid when they are being used. After some pickles, &c., have been taken out, the liquid is often allowed to be below the fruit, &c., with the result that mould appears on the surface. More vinegar should be added, or more syrup, as the case may be; then run mutton fat, melted, over the top of the contents of the jar or bottle, and recork, after having taken out as much as is required. Much waste may thus be avoided.

Great tea drinkers might be glad to know that by putting a tiny pinch of isinglass into the cup before pouring the tea, all the tannin matter, which is so injurious to the system, will remain at the bottom of the cup.—Chiswick.

If a chimney takes fire, scatter a handful of salt on the fire, which will put out the flames of the soot at once.—London, S.W.

Common Epsom salts, well crushed and dried, help to brighten Christmas decorations. Leaves can be lightly touched with gum, and the salts sprinkled over them. Cotton wool does not need gum. The salts adhere and sparkle beautifully.—Warwickshire.

A little soft soap rubbed into the seams of creaking shoes often prevents the unpleasant sound.

Corks may be made entirely air and water-tight by being immersed in oil for five minutes.

When a scum forms on the inside of a bath or basin, rub the places with dry salt, and the marks will come off without any trouble.—Brixton.

Home Made Bronchitis Kettle.—A Bronchitis kettle is often needed in a hurry. An impromptu one is easily made with a piece of plumber's piping about 12 or 14 inches long. Flatten one end so that the steam is distributed, and place the other end on spout of kettle; it answers splendidly.—Cirencester.

To Prevent Ashes Flying About.—Keep a wire cinder shovel on the kitchen ashpan. It will catch the cinders, and the ashes will fall through into the ashpan. A gentle shake up and down before removing the wire shovel is sufficient when doing the range before lighting the fire. No cinders are wasted when this method is followed.—London, W.

(For Particulars of a New Competition see page 28.)

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The hands do not touch the dough.
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No.4 THREE MINUTE BREAD MAKER

Miss S. B. writes:—"I have found the competitions very interesting, and am more than delighted with my prize."

Descriptions of the Illustrations.

Coat of Velours du Nord.

No. 5737, **Page 6.** A back, two double-breasted fronts, a one-piece basque, a revers collar, one-piece sleeve, sleeve lining, a cuff. Cuff and collar are faced with chinchilla fur. White satin lining. Paste buttons and belt of metal braid. 42-inch velours, 2½ yards; 22-inch satin, 5 yards. Except for sleeve, lining is cut on coat pattern.

Handsome Plaid Coat and Skirt.

No. 5738, **Page 6.** The two-piece umbrella or "bell" skirt is the best model for the fashionable plaided materials, because the lines of the plaid fall naturally on the straight at the sides, meeting in V points front and back—the only seams, except those required to eke out the width of the material, these last being on the *straight*, lines of stripes meeting. The pattern is in one piece—half the skirt. Lay pattern on 4½ yards of 48-inch plaid, which is opened out and is double, so that the piece is cut in duplicate. See that the stripes run straight down the sides from waist to lower edge. In cutting leave generous turnings above and below (mark out correct shape in tacking thread), so that the plaid lines can be made to meet exactly, forming V points. Tack front and back seam (opening in back seam); try on. Stitch and press the seams. Stitch the front seam open. Cut a false hem from the waste. Seam it on over a over a band of lino, and either stitch down closely or trim like the front seam. Arrange the top into a ribbon after finishing the back opening with felled bands of sarsenet. Close with glove-stud skirt tapes, and close the top with hooks and eyes. The pocket can be inserted in the opening. This skirt can be lined, or it can be worn over the five-gore foundation skirt of moirette (edged with a pleating of the same). For short figures the width of the plaid will supply the hem. The skirt can be cut more economically by reversing the direction of the material—taking the length of the skirt out of the length of the stuff, not out of the fabric's width as just described. Lay the breadth of plaid down the centre of the pattern, as shown by the dotted lines, and seam on corners at selvedges, taking care that the pattern meets. Such seams as these would not then show. 2⅞ yards will be enough for the bulk of the skirt, and another yard will supply the four added corners, making 3⅞ yards in all. Striped fabrics must be cut in this to ensure the stripes falling straight from waist to edge at the sides. Smart bolero cut on the cross. The pattern is in six pieces—one double-breasted front, half the back, one sleeve, one cuff, one sleeve lining, half the collar. Lay the pattern pieces on 2½ yards of 48-inch plaid, which is opened out, and each piece cut separately, so that the cross stripes meet at seams on a level at least. Tack together back and fronts, and try on. Stitch and press the seams. Turn the front and lower edges over an inch band of tailor canvas, and stitch down. Make the buttonholes and sew on the metal buttons. Cut a silk lining on the coat pattern. Stitch and press it. Tack it in place, and fell the edge over the stitched edges and plaid front facings. The stiffened collar is faced with plain cloth or velvet. The sleeve, draped on its smaller lining, is finished with a similar cuff.

Smart Belted Coat.

No. 5739, **Page 6.** Good model for pale drab cloth, decorated with white silk brochó and mauve velvet. A back, two fronts, a fluted one-piece basque, double revers, two-piece sleeve. The revers, which are cut with fronts, are faced with broché. Added revers faced with velvet. White satin lining. Belt of the cloth or metal. 52-inch cloth, 3 yards; 20-inch velvet, ¾ yard; 22-inch satin, 5 yards; 22-inch broché, ¾ yard.

Fur-trimmed and Fur-lined Saque Coat.

No. 5740, **Page 6.** A back and two fronts of cloth, with stiffened and stitched hem, lined with squirrel lock throughout. Stiffened collar faced with fur. The open sleeve is faced with fur. Metal buttons. A braid stitched down edge of right front forms loops to close coat. 52-inch cloth, 3 yards.

No. 5799

No. 5800

No. 5801

No. 5802

HOME-MADE MUFFS.

Suitable for Useful New Year Presents.

For Description see Pages 30 to 34.
Price of Paper Patterns, each 6½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

Blouse of Fancy Mousseline de Laine or Flannel with American Yoke.

No. 5741, **Page 7.** The pattern is in six pieces—half the back, the tucked right front, (cut with central box-pleat), half the one-piece American yoke, one sleeve (tucked to fit wrist), half the collar band, half the basque. The box-pleat and tucks are wheelmarked on front pattern. Lay the pattern pieces on 4 yards of 31-inch flannel, which is opened out and is doubled, so that front and sleeve are cut in duplicate. The single material is folded (selvedges meeting), the back centre of back and yoke pattern laid on the fold. A space should be marked out for the lacking half of the collar, which hooks at the back. Left front is cut without box-pleat. Arrange the tucks and pleat. The yoke, sleeve, and central box-pleat are trimmed with velvet ribbon. Tack together the back and fronts. Arrange into the basque and yoke; try on. Make buttonholes down a doubled underfold of the box-pleat, hem the left front, and sew the buttons down the hem. Trim yoke and pleat with the ribbon. Seam the side seams (run-and-fell seams). Hem the basque's lower edge. Seam on the ribbon-trimmed band collar according to the notch. It can be lined with its duplicate or be left unlined. It hooks at the back. The sleeve is seamed inside with a fell seam. Gather sleeve into the armhole and bind the seam for neatness. The lower edge is tucked (tucks wheelmarked on pattern) to fit wrist. The front box-pleat rises to *neck* (our artist has inadvertently omitted its lines).

A Tucked Flannel Blouse.

No. 5742, **Page 7.** The pattern is in six pieces—half the tucked back, the right tucked front (cut with central box-pleat), half the basque, one gigot sleeve, one cuff band, half the band collar. Tucks are wheelmarked on front and back patterns. Lay the pattern pieces on 4 yards of 29-inch flannel, which is doubled, so that front, sleeve, cuff and collar bands, and basque patterns are cut in duplicate. The back centre of back pattern is laid on a fold. Make the tucks. Tack together the back and fronts. Arrange the blouse into the two-piece basque. Try on. Seam the seams (run-and-fell seams). Stitch the seam of junction between basque and blouse neatly, and hem the basque all round. The back edges of the basque can be seamed, or left open and hemmed. Make button-holes down the box-pleat, and sew buttons down the left front's hem. Band collar has buttonholes to hold the detachable linen or batiste collar. The cuff band or strap is stiffened and stitched, and is sewn on the lower edge of the sleeve, which is is seamed inside with a fell seam. Gather the sleeve into the armhole, and bind the seam for neatness. Belt of suède kid. Smart little tie.

Pleated Cross-Over Blouse.

No. 5743, **Page 7.** A pleated back and two draped pleated crossed fronts of cashmere arranged into an added basque. Pleats (wheel-marked on pattern) are held down with metal buttons. Detachable vest and collar of tucked Jap silk (tucked to flat pattern). Draped elbow sleeve arranged on a smaller lining, with fitted strapped lower sleeve. For beautiful but inexpensive cashmere patterns, send to Best's Dress Goods Company, Bradford. 46-inch cashmere, 3¾ yards.

Smart Double-breasted Strapped Blouse.

No. 5744, **Page 7.** Looks capital in plain fine cloth or cashmere, to accompany a plaid skirt. The pattern is in ten pieces—half the back, one double-breasted front, half the basque, one front strap, one back strap, one sleeve, one lower sleeve, half the revers collar, half the vest, half the vest's collar. Vest and collar (detachable, hooking at back) are of silk, tucked to flat pattern. Collar looks well in plaid, if worn with a plaid skirt. Lay the pattern pieces on 2 yards of 46-inch fine cloth (for patterns, send to Best's Dress Goods Company, Bradford). The cloth is doubled, so that front, sleeve, two straps, and basque patterns are cut in duplicate. Do not fold material; cut it, and lay the

"I find "Myra's" a very useful journal, also very elegant."—S. B.

two widths face to face, direction of the cloth texture coinciding in both. The single material is folded over, the back centre of back laid on the fold. Tack together the back and fronts; try on. Stitch the seams; make and put on the straps. Front straps, when all is finished, are held to sleeves with a metal button. Stitch on the collar (faced with white, trimmed with small braid). Arrange the lower edge into the two-piece basque. Try on again. Stitch the seam of junction neatly, and hem the basque all round. The back edges of the basque can be seamed or left open and hemmed. Seam the sleeve. The lower sleeve is sewn on the gathered lower edge of the sleeve, which is seamed inside with a fell seam, left open for two inches and hemmed for an opening. The cuff matches the collar. Arrange the sleeve into the armhole, and bind the seam for neatness. The vest can be detachable for the convenience of cleaning.

Elegant Stitched House Blouse.

No. 5745, **Page 7.** A back and front, decorated with a stitched shaped band (cut on blouse pattern). It closes with two buttoned straps over a chemisette (with collar and tie) of figured silk. Strapped gigot sleeve. Excellent model for serge or cloth; it should match the skirt. For capital serges and cloths at most moderate prices, send to Best's Dress Goods Co., Bradford, who pay the cost of carriage both ways. 48-inch serge, 2 yards.

A Beautiful Dinner Coat.

No. 5755, **Page 9.** Five-gore foundation skirt of silk or mercerised lining, edged with a shaped flounce. Five-gore overskirt of 27-inch spotted net. Coat of rich satin—two backs, four sides, two fronts, the basques cut circular enough to flute handsomely. The coat is silk lined (white), and is neatly fitted. It must be boned with care to the hip line. The material, where not wide enough, is seamed up the selvedges. The coat fastens on the left by the aid of a little white silk vest, which is covered with one end of the net drapery which veils the lining above the lace-trimmed coat edge. The edge all round should be stiffened with an interlining of lino to support the lace. The coat as illustrated would take seven yards of 22-inch satin and a similar amount of lining silk. The basques at the back form a "shawl" point like the front, only rather shorter. For patterns of satin, &c., send to the Holborn Silk Market, Holborn Bars, E.C. Sleeves and berthe drapery are of net. 27-inch net (with *complete* skirt, which is not necessary), 12 yards.

Polonaise Indoor Costume.

No. 5756, **Page 9.** This looks capital in thin Vicuna cloths (Messrs. Nicholson, St. Paul's Churchyard, E.C., have these in lovely colours, at very low prices). Seven-gore skirt of Wedgewood blue cloth, stitched at the edge. Lovely polonaise to match, with fitted lining to the waist. The polonaise consists of two backs, two sides, two fronts two crossed waistcoat fronts mounted on a lining—two backs, four sides, a three-piece front, carefully fitted. Edge the tunic with stitching. Waistcoat is of broché silk. A draped belt of velvet (boned) passes round the waist. Vest and collar of lace. One-piece sleeve, arranged in two puffs on a smaller silk lining and broché lower sleeve. Double-width cloth, 9 yards.

The New Corselet Skirt with Bolero.

No. 5757, **Page 9.** Corselet skirt and bolero can be of the same or contrasting fabrics; they can be worn together over any blouse, or can be used apart (see a similar coat, No. 5777, page 16.) In this model the corselet skirt is of rose-pink Louis Velveteen. This is cut on the principle of the nine-gore skirt, corselet and skirt in one. Line to hip and bone with care. Wear over a five-gore foundation skirt (edged with stiffened shaped flounce). 24-inch velveteen, 12 yards. Coat of velveteen or rose-pink broché—a back and two fronts, fronts cut with revers, which are faced with broché. Face collar and cuff with broché. Draped gigot sleeve. Sleeve frill should match blouse. 22-inch broché, 4 yards. Send for patterns to the Holborn Silk Market, Holborn Bars, E.C.

An Embroidered Cache Corset.

No. 5758, **Page 12.** Could be used as an underslip for transparent blouses. Good model for Horrockses' fine longcloth or flannel. Three-piece bodice—back and two fronts, buttoning in front beneath a stitched strap. Added one-piece basque. Fronts are embroidered, the neck scalloped and worked, cut in worked slots run with narrow ribbon. 29-inch longcloth, 1½ yards.

Embroidered Djibeh Night Dress.

No. 5759, **Page 12.** Of Horrockses' longcloth or white Viyella—a back and front, the front worked. It is passed over the head, the scalloped and worked neck drawn up with a ribbon passed through worked slots. One-piece sleeve, scalloped and drawn up like the neck. 29-inch material, 6 yards. For Horrockses' longcloth send to Mr. Christopher Williamson, Desk 10, 91, Edgware Road, W.

Embroidered Chemise.

No. 5760, **Page 12.** To match Nos. 5758 and 5759. Two-piece chemise, the front embroidered. Neck and armhole scalloped and embroidered, the neck cut with worked slots, which hold the ribbon runner. 29-inch material, 3 yards.

Embroidered Knickers.

No. 5761, **Page 12.** To match Nos. 5758, 5759, and 5760. Cut in two pieces, with wide hems at the open crossed backs, arranged into a shaped band. Wide embroidered frill. 29-inch material, 3 yards.

An Empire Winter Dressing-Gown.

No. 5762, **Page 12.** Capital model for Fleecy Molleton, 28 inches wide, only 9¾d., to be had at Mr. Christopher Williamson's, Desk 10, 91, Edgware Road, W. The gown looks beautiful in a deep blue, trimmed with galon. Two backs, a side on each side, two fronts, gathered and pleated into a three-piece Empire bodice, a pagoda sleeve (pleated into shoulder, the lower edge trimmed with lace). Close with hooks-and-eyes and buttons and buttonholes (made in a lined underfold of right front). Hem the lower edge. Quantity of 28-inch material required, 12 yards.

(For description of No. 5763 see page 25.)

A Useful Moirette Petticoat.

No. 5764, **Page 12.** A five-gore skirt buttoning on left of tablier. Trim with a shaped flounce tucked to flat pattern, edged with lace flouncing. For lovely Moirettes, send to Messrs. Nicholson, St. Paul's Churchyard. Moirette, 10 yards.

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White Viyella Knickers.

No. 5765, In two pieces, with shaped band.
Page 12. Trim with cross-cut frills decked with woollen torchon. 31-inch material, 3 yards.

Smart Felt Hat.

No. 5766, Of white felt, with white ostrich
Page 14. feather. Drapery round the crown of mauve velvet.

Felt Hat with Pheasant Tail Feather.

No. 5767, Looks well in pale beige, the velvet
Page 14. matching the deep brown of the feather markings.

No. 5803. A Useful Theatre Blouse.

For Description see Pages 30 to 34.

Price of Payer Pattern, 6½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

A Fur Toque.

No. 5768, The new turban shape, entirely of
Page 14. fur. Wings and brooch on right.

Smart Beaver Hat.

No. 5769, The palest grey sl a le, the only
Page 14. trimming black quills and a black rosette.

Black Velvet Tricorne.

No. 5770, Bound with silver braid, with white
Page 14. metal buckle and white wings.

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Little Girl's French Party Frock.

No. 5771, A long three-piece bodice (hooking
Page 15. at back) and flounce skirt (pinked out at edge) of pink silk. Overdress of white silk muslin, two backs and a three-piece front (front panel tucked, tucks wheelmarked on pattern), with full flounce skirt (tucked to flat pattern). Trim with broad lace insertion threaded with pink ribbon and lace flouncing. Elbow sleeve on a pink lining. For a girl of four, 22-inch silk, 2½ yards; 45-inch muslin, 1½ yards.

Party Frock of Jap Silk.

No. 5772, A three-piece bodice and a one-piece
Page 15. godet skirt of silk or mercerised lining holds the full skirt of Jap silk and the full blouse. Sash of soft ribbon tying at back. Collar of Jap silk (opening at back) striped and edged with lace. Skirt is similarly trimmed. Cut away the Jap silk beneath the lace. Elbow sleeve on a smaller lining, with lace frill. 21-inch Jap silk (for a girl of four), 4 yards. For patterns send to the Holborn Silk Market, Holborn Bars, E.C.

Boy's Suit of Lewis's "Wonderful" Velveteen.

No. 5773, Four-piece breeches closing in front
Page 15. with buttons and buttonholes (made in a double band of lining sewn beneath the right opening). The knees button with two small metal buttons. Charming little coat—back and two fronts, lined with white silk, decorated with larger buttons. Two-piece sleeve. Underblouse of white Jap silk, with Fauntleroy sash of the same. Inside the coat are tucked lace bands to simulate a lace waistcoat, and the coat has a detachable collar of Jap silk and lace. White silk stockings and white shoes. 24-inch velveteen for a boy of three, 2½ yards. For patterns send to Lewis's, Market Street, Manchester. The velveteen is 2s. the yard.

Boy's Fur-Trimmed Winter Coat.

No. 5774, A back and two double-breasted
Page 15. fronts of grey cloth, a large collar, a two-piece sleeve. Face fronts with the grey cloth over an interlining of tailor canvas. Close with buttonholes (made in the left front) and large grey pearl buttons. Face stiffened collar with chinchilla, and edge the sleeve with a wide band of the fur. Line with Italian cloth, cut to coat pattern, but seamed apart. 54-inch material for a boy of 5, 1¾ yards.

Girl's Coat of Lewis's "Wonderful" Velveteen.

No. 5775, A back and two single-breasted
Page 15. fronts, a cape collar, two one-piece sleeves, two cuff bands. Stiffen fronts and collar with an interlining of lino. Close with buttonholes (made in right front) and handsome metal buttons. Line with white silk, cut on coat pattern, but seamed apart. Edge lined collar and face cuff band (stiffened) with ermine. 24-inch material for a girl of five, 5 yards. For patterns of the "Wonderful" Velveteen (2s. the yard), send to Lewis's, Market Street, Manchester.

Girl's Afternoon Frock.

No. 5776, A full skirt of dark red cashmere
Page 15. (tucked to flat pattern) arranged into a 3-piece bodice lining (buttoning at back). On it arrange the one-piece full blouse of cashmere and the yoke of white lace, which is decorated with frilled white ribbon. A full sleeve is arranged on a smaller lining, with lower sleeve of ribbon-trimmed lace. Sash of soft white silk. 46-inch cashmere for a girl of seven, 2½ yards. For patterns send to Best's Dress Goods Co., Bradford, who will pay cost of patterns both ways.

Empire Tea-Gown with Bolero.

No. 5777, This is really a semi-fitting princess
Page 16. dress cut in lining silk or satin—two backs, two sides, a 3-piece front. Close on left of centre panel, arranged into a 3-piece yoke or bodice. Veil with a seven gore skirt of lace edged silk muslin, which forms also an Empire drapery. Close with hooks and eyes. Bolero of satin—back, two fronts, revers faced with satin and embroidered. One-piece sleeve on a smaller lining, embroidered. Empire scarf of the muslin. 20-inch silk, 18 yards; 45-inch muslin, 9 yards; 22-inch satin for bolero, 3 yards.

Draped Tea Gown of Double-Width Black Taffetas.

No. 5778, Five-gore foundation skirt of silk or
Page 16. silk moirette, edged with a pleated flounce. Overskirt (five breadths) of double-width black taffetas, made quite apart, pleated or gathered into the waist. Trim the edge with embroidery or white lace applications. There is an added panel in front (lined white silk and embroidered) which continues the skirt on the right and crosses over the tablier rising to the bodice, where it hangs with hooks and eyes, joining left front side beneath a fold. Cut a bodice lining, back, four sides, a three-piece front to hook on left of centre panel. Tack, fit, seam, leaving only the side and shoulder seams. Veil with a back, a left front, and double-breasted right front of the skirt material. Finish the seams. One-piece sleeve of the silk, on a smaller lining, with embroidered frills. 42-inch material, 10 yards. For patterns of black double-width taffetas send to Samuel Lewis, Holborn Silk Market, Holborn Bars, E.C.

Empire Tea Gown of B.B. Crêpe de Chine.

No. 5779, Foundation and gown are cut like
Page 16. No. 5777. The crêpe de chine is tucked to flat pattern, and is edged with a cross-cut flounce. Draped short sleeve on a smaller lining. For double-width crêpe de chine send to Best's Dress Goods Co., Bradford. Empire fichu of spotted net edged lace. Crêpe, 8 yards.

Bridge Blouse of Silk Muslin.

No. 5780, A back and two fronts draped on a
Page 17. lining which reaches the waist. Draped velvet belt. Three-piece yoke of tucked muslin (tuck the muslin before cutting) trimmed with lace. Close with hooks and eyes. One-piece sleeve puffed on a lining with double lace frill. 45-inch material, 2 yards. The basques, cut with blouse, are unlined.

No. 5804. A Renovated Fur Cape.

For Description see Pages 30 to 34.

Price of Paper Pattern, 6½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

Theatre or Bridge Blouse of Lace Flouncing, Net, and Crêpe de Chine.

No. 5781, Capital model for "oddments" of
Page 17. pretty dainty fabrics picked up at Messrs. Samuel Lewis's sale (Holborn Bars, E.C.). The net forms the back and two fronts, eked out with two rows of lace (2 yards) laid flat one over the other. The net also forms the sleeve (3 yards 27-inch net). The Crêpe de Chine (¼ yard, single width) forms the vest.

A Lady writes from Bury:—"Your paper is so practical and up-to-date in every way."

Bridge Coat of Louis Chiffon Vel Duvet.

No. 5782, **Page 17.** A back and two fronts draped on a lining which reaches the waist. Puff the Vel Duvet on the lining just below where the draped satin belt is mounted. One-piece shaped basque, lined silk. The original tab revers are cut with the fronts, faced Louis Vel Duvet. Edge neck and fronts with coarse lace. Vest of figured crêpe de chine, mounted on three-piece lining panel. Lace band collar. One-piece sleeve arranged on a lining, with coarse lace edge, and frill of finer lace. Paste buttons. 24-inch material, 5 yards.

Charming Net Blouse.

No. 5783, **Page 17.** A back and two full fronts of spotted white net. Blouse fastens with tiny hooks and worked loops over a vest (with collar) of white gauze, tucked to flat pattern. Crossed fichu of the net, edged with tiny frills. Wear over an underslip of silk—back, two sides, two fronts, elbow sleeves. One-piece sleeve. It is gathered in two puffs on a lining, with lower sleeve of tucked gauze. 29-inch net, 6 yards.

Lovely Bridge Blouse of Silk Muslin and Lace.

No. 5784, **Page 17,** A back and two fronts of muslin are arranged into a shaped yoke of passementerie, which is edged with a lace flounce. Basque is a lace flounce. One-piece sleeve of muslin, veiled with lace frills. Soft satin belt draped on bones. Paste buttons. 45-inch muslin, 2 yards.

Bridge Blouse of Net and Crêpe de Chine.

No. 5785, **Page 19.** A front and two backs of crêpe are arranged into a three-piece yoke of net, which is outlined with lace medallions. Trim with lace jabot and a tie drapery of velvet ribbon. Blouse closes at back with small buttons and buttonholes. One-piece sleeve of crêpe gathered on a lining, with lace frill. Draped velvet belt. 42-inch crêpe, 2 yards.

An Empire Gown of Lewis's Wonderful Velveteen.

No. 5786, **Page 19.** Two backs, a back pleat, two sides, a three-piece front. This is cut in velveteen, except the centre panel, which is of white silk draped with silk muslin, embroidered at the edge. Close on left of centre panel. Trim top with a yoke of lace braid work and a handsome Empire drapery bow of the embroidered muslin. One-piece sleeve on a smaller lining, with embroidered muslin frill. 24-inch Wonderful velveteen, 16 yards. For patterns send to Lewis's, Market Street, Manchester.

Skirt and Coat of Louis Velveteen.

No. 5787, **Page 22.** An excellent design. Five-gore skirt, fitted at top, cut flowing below the knees, closing in left tablier seam, lined with linenette. The simple but elegant coat of velveteen has a back, four sides, two two-piece fronts. Coat closes with rich metal buttons and buttonholes, and fronts are faced with the velveteen. Chinchilla facings to the revers, which are cut with fronts. Stitch and open seams after fitting. Interline fronts with lino and face with velveteen. Line with silk or polonaise, cut on coat pattern, but seamed apart. The edges slipstitched to stitched coat edges and front facings. Collar stiffened, faced like revers. Two-piece sleeve, with fur-faced and stiffened cuff. 24-inch velveteen, 14 yards.

A Plaid Coat and Skirt.

No. 5788, **Page 22.** For a detailed description of skirt see No. 5738. Smart little coat—a back and two fronts with added basques, cut on the cross. Velvet belt. Revers collar, faced with velvet. Coat closes at waist only. One-piece sleeve draped on to a smaller lining, with stiffened cuff, faced with velvet. Line coat with silk, cut on coat pattern but seamed apart. Quantity of 48-inch material, 7 yards.

Visiting Gown with Triple Skirt.

No. 5789, **Page 22.** Two-piece silk foundation skirt, seamed back and front, made up of breaths. On it are mounted the two shaped flounces which form the lower part of the skirt, made of face cloth (send for patterns, to Messrs. Nicholson's, St. Paul's Churchyard) and edged with deep hem. Skirt closes at back. Top skirt is arranged in box-pleats (pleats wheelmarked on pattern). 52-inch cloth, 6¼ yards. Bolero of Velours du Nord. A back and two fronts, a two-piece sleeve. Collar and cuff of embroidered white cloth. Lace tie ends. Close with hooks and eyes, the fronts being well stiffened. Line with white satin. 42-inch Velours, 2 yards.

No. 5805. BOY'S WINTER COAT.

For Description see pages 30 to 34.

Price of Paper Pattern, 6½d., post free, of MADAME MYRA, *10 and 11, Fetter Lane, E.C.*

Smart Tailor Gown of Pirle-finished Tweed.

No. 5790, **Page 22.** Two-piece bell skirt, seamed back and front. Trim with bias straps of the tweed. Either line skirt or wear over a separate five-gore foundation skirt, or line with mercerised sateen. Opening at back. The simple but elegant coat of Pirle-finished tweed has a back four sides, two two-piece fronts. Coat closes with buttons and buttonholes, and fronts are faced with the tweed (showing in the revers, which are cut with fronts). Stitch and press seams after fitting. Interline fronts with lino and face with tweed. Line with silk or polonaise, cut on coat pattern, but seamed apart, the edges slipstitched to stitched coat edges and front facings. Collar faced with velvet. Two-piece sleeve, with stiffened and velvet-faced cuff. 52-inch tweed, 6½ yards.

BACK VIEW OF FREE BLOUSE, COAT, AND SKIRT PATTERNS.

A Velvet Belted Coat, with Pleated Skirt of Drab Cloth.

No. 5791, **Page 23.** The skirt hangs in folds, like the bell skirt, from a fitted top, but instead of being cut in one piece—like the real "bell"—it is in three, with an added tablier, which helps to mould the hips. The pattern is in two pieces—half the tablier, one circular side and back. Lay the pattern pieces on 4½ yards of 42-inch material, which is opened out and doubled beneath the side pattern, so that it is cut in duplicate. The single material is folded over (selvedges meeting), the front centre of front laid on the fold, so that it is cut in a single piece. The side breadth is fitted with a small dart. The side pattern being too wide for the material, corners are joined on the straight up the selvedge. Sew and press the seams of added corners. Tack the darts, the side and back seams. Leave the opening in the left tablier seam. Try on. Stitch and press the seams, also lap of opening. Trim skirt with key pattern in velvet ribbon. The top is bound, and closes on the left with two bent hooks and eyes. Fell the lining over the opening turnings, and close with glove-stud skirt tapes. The pocket can be inserted in this seam. Wear over the five gore foundation skirt. Belted coat of Velours du Nord—a back and two two-piece fronts, an added two-piece basque lined white satin, with high satin belt, supported on bones. Stole collar of embroidered white satin; steel buttons. One-piece sleeve of velvet on a smaller lining, with strapped velvet cuff. 42-inch velvet, 4 yards.

Charming Tailor Costume with Pleated Skirt.

No. 5792, **Page 23.** Good model for Lutas Leathley's serges or soft cloths. The pattern of pleated skirt is in four pieces—half the lapped front, two pleated sides, one pleated back. Pleats and laps are wheelmarked on pattern. Lay the pattern pieces on 4½ yards of 44-48-inch material. The material is doubled, selvedges meeting, front centre laid on the fold, so that it is cut in one piece, the other pieces being cut in duplicate. Tack together front, sides, and backs. Arrange the pleats. Try on. Then stitch and press the seams, and stitch down pleats. Hem the lower edge. Make the opening in the left tablier seam. Fell over the edges with glacé silk, and sew on glove-stud fasteners. Bind the top edge. Wear over the five-gore foundation skirt, edged with shaped flounce (pattern in one piece, half the flounce). The elegant coat of the skirt material has a back, four sides, two two-piece fronts, front centres and back centre cut in one with a yoke. These yoke seams are lapped. Crescents are cut in each front for pockets. Stitch and press seams after fitting. Interline fronts with lino and face with the material. Line with silk or polonaise, cut on coat pattern, but seamed apart. The edges slipstitched to stitched coat edges and front facings. Collar faced with the material. Two-piece sleeve. 44-48-inch material, 3 yards. For patterns send to Lutas Leathley, 105, Armley, Leeds.

The New Draped Skirt with Fur Coat.

No. 5793, **Page 23.** Foundation skirt of silk or moirette edged with a pleating. Two-piece skirt of B.B. face cloth, seamed at back, where material is pleated. Fronts cross, the right front being pleated and drawn up. Trim with a band of braiding or fancy brocade. Draped corselet belt of the cloth (cut and made on the principle of No. 5750). 52-inch cloth, 6 yards. For patterns send to Best's Dress Goods Co., Bradford, who will pay carriage both ways. Bolero of caracul, lined with white satin, the satin revers embroidered.

Matron's Empire Coat of Velours du Nord.

No. 5794, **Page 23.** Four-piece skirts, fluted, are arranged into a three-piece bodice, which is decorated with fur-faced coquillé revers, closing with hooks and eyes. Trim with narrow bands of fur. Line with silk or broché. One-piece sleeve, trimmed with fur. 42-inch velvet, 6 yards.

"I have taken your journal for seven years, and find it very useful".—L. Bradbury, 38, Gladstone Avenue, W. G., N.

A Winter Redingote.

No. 5798, Page 27. Good model for Pirle-finished cloth. Face with cloth the double-breasted fronts. This facing is cut on the front pattern. The pattern is in ten pieces (half the coat): half the back (to belt), half the circular fluted basque, one double-breasted full length front, two short side-pieces, the upper and under of one sleeve, half the collar, one cuff, belt. Lay pattern pieces on 6 yards of 54-inch material, which is opened out and is double, each piece being cut in duplicate, except back, which is cut in one piece. The lacking half of collar, back and basque are marked out on the single material. Tack together fronts, sides, basques, and back; try on. Stitch and press the seams. Sew together inside-out fronts and facings; reverse in proper position, and stitch down outer edges. Lino supports facings. Cut a silk lining on coat pattern, seam and press it, slipstitch to coat edge and coat facings. Sew down left front large buttons, and make buttonholes in the right front facing. Face stiffened collar with fur. Stitch collar to the neck of coat, and fell the facing over the seam. Seam and line sleeve. Add the stiffened fur cuff. Gather the top into the armhole. Stitch in the sleeve, and fell coat lining over the seam. Five-gore skirt to match (4 yards).

Muff of Velvet and Fur.

No. 5799, Page 30. Half a yard of Velours du Nord will make the muff, which is lined with wadded satin, and is effectively trimmed with remnants of fur—ermine and sable.

A Caracul Muff.

No. 5800, Page 30. It can be made with ½ yard of Caracul cloth, trimmed with a velvet or satin bow, and lined with satin over wadding.

Dainty Velvet Muff.

No. 5801, Page 30. Half yard of Velours du Nord, edged and lined with fur, trimmed with lace frills and velvet bow.

Muff of Seal Plush or Seal.

No. 5802, Page 30. A good method of utilising a remnant of fur or plush. A démodé ermine tie supplies the decoration.

Blouse of Accordion Pleated Black Silk Muslin.

No. 5803, Page 32. Cut the blouse out of the pleated material—a back and two fronts. Trim with ribbon-threaded lace. Crossed waistcoat fronts of white chiffon; detachable vest and collar of white lace. 45-inch black muslin (before pleating), 4 yards. Elbow sleeve (on a lining) with lace frill.

A Fur Cape.

No. 5804, Page 32. Of sable, chinchilla, caracul, &c., lined with satin or broché silk.

Boy's Winter Coat.

No. 5805, Page 33. A back and two double breasted fronts of green cloth, fronts faced with the material. Buttonholes made in facing of left front. Black cord brandenburghs. Line with green silk or Italian cloth, seamed apart. Collar is faced with black astrachan. Two-piece sleeve with fur cuff. 54-inch cloth for a boy of four, 1¾ yards.

A Draped Elbow Sleeve.

No. 5806, Page 34. Pretty model for silk broché, arranged on a smaller lining. Lace elbow frill. 22-inch broché, 2 yards.

Puffed Silk Sleeve.

No. 5807, Page 34. Good model also for cloth. Material is draped and gathered on a smaller lining. Stiffened velvet cuff. Lace elbow frill.

A Draped Coat Sleeve.

No. 5808, Page 34. Good model for tailor gowns. Sleeve in two pieces, the upper draped with buttons on the lining. Smart little braided cuff. 48-inch material, 6½ yards.

A Pretty Cashmere Elbow Sleeve.

No. 5809, Page 34. Good model also for silk, satin, and velvet. The puff is arranged on a smaller lining, finished with an original stiffened cuff, decorated with buttons and silk pleatings. 46-inch material, 1 yard.

An Embroidered Sleeve.

No. 5810, Page 34. A puff on a smaller lining, with lower sleeve, embroidered and decorated with narrow passementerie. 46-inch material, 1¼ yards.

Worth Knowing.—Dr. Walcott, M.D., writes: "For irritation of the scalp, removal of scurf, and loss of hair I have used Hopgood's Nutritive and Sedative Hair Cream with unfailing success." Dr. Salter, M.D.: "I have witnessed its effects in restoring the hair to an extent truly surprising." Fifty years' success. Bottles 1s. 6d., 2s. 6d., and 3s. 6d., of all Chemists and Perfumers. Wholesale Agency, 51, Frith Street, London, W.

Charming Sleeve for Thin Silk, &c.

No. 5811, Page 34. It is gracefully draped on a lining with bands of lace or ribbon. Lace sleeve frill and lace-edged epaulet. 21-in. silk, 3 yds.

The New Tunic Skirt.

No. 5812, Page 37. Lovely model for double-width crêpe de chine or very soft cloth. Five-gore foundation skirt of silk or silk moirette, edged with a pleated flounce. Veil with a frill of crêpe de chine edged with fine silk braid. Over-skirt (five breadths) of double-width crêpe de chine seamed quite apart, gathered into the waist. Trim with rows of braid and a fine braided design. 46-inch material, 6½ yards.

The New Corselet Skirt.

No. 5813, Page 37. In nine gores, corselet and skirt cut in one. Lovely model for silk. It is lined only to the hip, where the bones are placed. Trim the seams with passementerie, and wear over a five-gore foundation skirt.

Pleated Skirt for Soft Material.

No. 5814, Page 37. The skirt pattern is in three pieces—half the pleated front, one pleated side, one pleated back. Pleats, wheelmarked on pattern, are partly held by tacking them inside, partly free. Lay the pattern pieces on 5 yards of 48-inch material. The material is doubled, selvedges meeting, front centre laid on fold so that it is cut in one piece, the other pieces being cut in duplicate. Tack together front, sides, and backs. Arrange the pleats. Try on. Then stitch and press the seams, and secure pleats. Hem the lower edge. Make the opening at back or in the left tablier seam. Fell over its edges with glacé silk, and sew on glove-stud fasteners. Bind the top edge. Wear over the five-gore foundation skirt, edged with shaped flounce (pattern in one piece, half the flounce).

A Smart Three-gore Skirt.

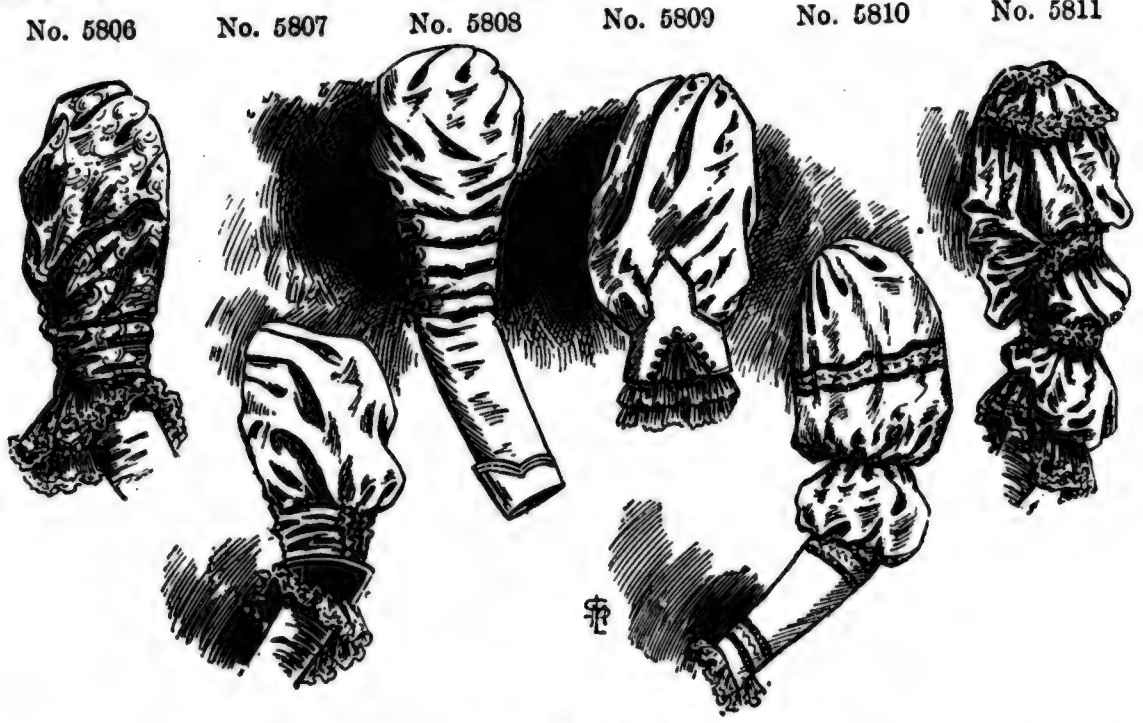
No. 5815, Page 37. A tablier and two circular sides which flute gracefully. Decorate with shaped straps of the material braided at the edge. The artist has drawn the tablier too wide at the top. Draped satin belt. 52-inch cloth, 4½ yards.

Smart Pleated Skirt with Strapped Hem.

No. 5816, Page 37. The pattern of skirt is in three pieces—half the front, one pleated side, one pleated back (pleats wheelmarked on pattern). Lay the pattern pieces on six yards of 48-inch material. The material is doubled, selvedges meeting, front centre laid on the fold, so that it is cut in one piece, the other pieces being cut in duplicate. Where breadths are too wide, added corners must be seamed up the selvedges. Tack together front, sides, and backs. Arrange the pleats. Try on. Then stitch and press the seams. Stitch the pleats down to knees. Strap the lower edge. Straps should be shaped on skirt pattern, and be stitched on. Make the opening in the left tablier seam. Fell over the edges with glacé silk, and sew on glove-stud fasteners. Bind the top edge, closing with two hooks and eyes, pressing it very flat. The pocket can be inserted in the opening. Wear over the five-gore foundation skirt edged with a stiffened-shaped flounce.

A Braided Umbrella Skirt.

No. 5817, Page 37. This skirt is braided in panels, and is so well cut that it looks like a nine-gore skirt with added flounce, when really it is in one piece, and is therefore not only far more quickly made, but it takes far less material. The pattern is in one piece—half the skirt. To avoid seaming on added corners (48 inches is not wide enough from selvedge to selvedge), the length of the skirt is taken out of the width of the material, which is opened out and folded, the front edge of pattern laid along the 48-inch fold; 3¾ yards will be enough. Thus all seams are avoided but that at the back, where is the opening. The waist is fitted with a dart, and the fitter should manipulate the dart so that it comes under one of the lines of braid, which should be marked out in chalk or tacking before fitting. When the skirt is cut, marked out, and fitted, sew and press the darts. Before sewing the back seam sew on the braid, except that which comes on the back seam. Sew the back seam. Make a lining; tack it in place and turn up the hem, the front centre part of which must be false for all but really short figures, the 48 inches of the material not permitting a hem for skirts of 40 inches and upwards front length. Fell the hem on the lining. Finish the back opening by felling the lining over the turning, and put on glove-stud skirt tapes to close the opening. The pocket can be inserted here. Bind the top edge, and close with two hooks and eyes.



SOME OF THE NEW SLEEVES.

A Plush Coat and Two-piece Skirt.

No. 5818. Page 42. Two-piece umbrella or "bell" skirt, so cut that the lines of the striped fabric fall naturally on the straight at the sides, meeting in V points front and back—the only seams, except those required to eke out the width of the material, these last being on the *straight*, lines of stripes meeting. The pattern is in one piece—half the skirt. Lay the pattern on 4½ yards of 48-inch material, which is opened out and is double, so that the piece is cut in duplicate. Added corners must be seamed up the selvedges, front and back. See that the stripes run straight down the sides from waist to lower edge. In cutting, leave generous turnings above and below (mark out correct shape in tacking thread), so that the stripes can be made to meet exactly, forming V points. Tack front and back seam (opening in back seam); try on. Stitch and press the seams. Stitch the front seam open. Cut a false hem from the waste. Seam it on over a band of lino, and either stitch down closely or trim like the front seam. Arrange the top into a ribbon, after finishing the back opening with felled bands of sarsenet. Close with glove-stud skirt tapes, and close the top with hooks and eyes. The pocket can be inserted in the opening. This skirt can be lined, or it can be worn over the five-gore foundation skirt of moirette (edged with a pleating of the same). Smart plush coat—a back, two fronts, an added basque, a one-piece sleeve, a fur cuff and collar. Metal belt. Close with hooks and eyes and cord brandenburghs. Line with satin. Stiffened cuff and collar are faced with fur. Lace jabot and sleeve frills. 50-inch plush, 2½ yards.

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Myra's Journal, January, 1906.

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Smart WINTER BLOUSES, 5s., any style or colour: fit and best make guaranteed; send width across shoulder with P.O.—Mrs. Brom, 2, West Marland Terrace, Southampton.

Lady makes WALKING SKIRTS to measure, 5s. 6d.; ladies' own material; country.—Mrs. Figwell, The Cottage, Lashbrook, near station, Shiplake-on-Thames.

Mdlle. Jeanne, 77, Claverton Street, London. Clever milliner, renovator; marabout stoles renovated.

CHILDREN'S PARTY FROCKS, two to six, from 3s.—97, Beaconsfield Road, Tottenham.

NEEDLEWORK, DRESSMAKERS, &c.

DRESSMAKER, experienced, good fitter, renovator. Ladies' houses or homes.—Miss Gancy, 98, Finsbury Park Road, N.

CORSETS made to measure; ladies' patterns copied at the shortest notice; illustrated price list measurement form and patterns post free; corsets cleaned and repaired equal to new; trial solicited.—Madame Lee, Corsetière, Elm Grove, Southsea.

CORSETS made, copied, cleaned, and repaired.—Helène, 1, Harley Street, Battersea.

DRESSMAKER (daily).—Blouses, dresses, mantles, renovations. — Bates, 70, Grosvenor Road, South Belgravia, S.W.

DRESSMAKING.—High-class business for Sale; thoroughly genuine; stock (about £100) at valuation; goodwill and fixtures £50.—Address, Mr. White, c/o Robins, Caddy, and Co., 73, Wood Street, London, E.C.

DRESSMAKER; good cutter, fitter, clever in renovating; ladies' house or home.—Miss Gavy, 98, Finsbury Park Road, N.

DRESSMAKER: good fit and style; terms moderate; ladies' materials made up.—A., 50, Beaufort Mansions, Beaufort Street, Chelsea.

JEWELLERY.

Are you unlucky? No success in love or business? Wear WHITE HEATHER PENDANT, which attracts success and riches, 1s.—Pastor, 121, Finchley Road, Hampstead.

Two jewelled RINGS, 3s. 6d. each; TAIL dark brown hair; approval for postage.—Miss J. A. Bacon, 21, Adelaide Road, St. Denys, Southampton.

Handsome gold-cased expanding BRACELET, 3s.; DRESS RING, 1s. 6d.; real garnet BROOCH, 2s. M3559

ANTIQUES, BOOKS, MUSIC, FOREIGN STAMPS, PHOTOGRAPHY, &c.

STAMPS.—500 unsorted old English, obsolete Australians, Africans, Newfoundland, &c., 1s. 6d.—E. Milman, 151, Cromwell Road, Kensington, S.W.

Mrs. Alfred Langford, Hannan's Brewery, Kalgoorlie, Westralia, would exchange POSTCARDS with any lady (views and actresses preferred).

What offers? Large PARCEL MAGAZINES (various). Stamp List.—King, Hardingham, Attleborough.

Miss Paulina Ferguson, Le Puke, Auckland, New Zealand, exchanges postcards and stamps.

POSTCARDS EXCHANGED; British, foreign.—Malcolm, 38, Deodar Road, Putney, London.

Miss Frances King, Le Puke, Auckland, New Zealand, exchanges STAMPS. Postcard.

HOUSES, APARTMENTS, BOARD, &c.

DETACHED FREEHOLD HOUSE, wanted to purchase, containing drawing, dining, about four bedrooms, bathroom, &c., and good size garden, south of the Thames, and within 12 miles of London preferred.—Write, giving full particulars, to L. T., 207, Amesbury Avenue, Streatham Hill, London, S.W.

MISCELLANEOUS.

ANCIENT PREDICTION BOOK, 6d.; see fortunes yourself.—Mirza, 10, Chichester Road, Paddington.

DEVONSHIRE CLOTTED CREAM.—Tins at 1s. 6d., 2s. 6d. and 4s. 10d., post free; the best accompaniment for Xmas plum pudding; guaranteed pure and fresh.—Miss Luxton, Oak House, Ottery S. Mary, Devon.

Lady wishes for orders for HANDPAINTED CUSHIONS, FRONTS, TIES, TABLE-CENTRES, etc. M3564

DRESSED DOLLS, all profits for Dr. Barnado's Memorial.—70, Birch Lane, Longsight, Manchester.

To Dressmakers. — Large CUTTING BOARD (new), Gas Ironing STOVE, two IRONS for same; 10s. the lot.—Madam Lili, Tailor, 21, Martaban Road, Stoke Newington.

If you want a charming CHRISTMAS PRESENT send for the new game, "Two and Two; or, Where Does Fortune Lie?" Price 2s. 6d. from Hignett, 129, Marlow Road, Anerley, London, S.E.

CIRCULAR KNITTER, two sizes, equals two machines; cost £12, accept £6. Bargain. M3570

ANTS' EGG CHAINS, 6d. each. Black serge SKIRT, 5s. 6d. Other things. M3568

Lovely FERNS, 6d. each; sell well at bazaars.—Miss Pooley, South Nutfield, nr. Redhill.

DRESSMAKERS.

The Name and Address of any Dressmaker will be inserted free in this column provided the advertiser furnishes us with a Coupon for each announcement *each month*, and she states under which column she wishes her name to appear. *Please write distinctly.*

DRESSMAKERS' COUPON. JANUARY, 1906.

LATEST TIME for ADVERTISEMENTS 1st of EACH MONTH.

DRESSMAKING AT LADIES' HOUSES—

Miss Anton, 54, Beresford Street, Camberwell, S.E.
L. C. Andrews, 31, Conewood Street, Highbury, N.
Miss Bates, 70, Grosvenor Road, South Belgravia, S.W.
Miss E. Baker, 4, Strode Road, Forest Gate, Essex.
Lucy Bradbury, 406, St. Ann's Road, Harringay.
Mrs. Craven, 175, Grove Lane, Handsworth, Birmingham.
Mrs. R. Dolling, 40, Shirland Road, Paddington, W.
Miss Harper, 72, Stanstead Road, Forest Hill.
Miss Last, 51, Blatchington Road, Hove, Sussex.
Madame Ritter, 27A, Sale Street, Cambridge Terrace, W.
Miss Saward, 14, Quadrant Grove, Haverstock Hill, N.W.
Miss Smith, 44, Thane Villas, Seven Sisters Road, Holloway, N.
Miss Tily, 69, Sumner Road, West Croydon.
M. Trowbridge, 56, Upham Park Road.
Miss Walford, 14, West Hill Street, Dyke Road, Brighton.

LADIES' OWN MATERIALS MADE UP—

Miss Adams, 48, Abbotsford Place, S.S. off Cumberland Street, Glasgow.
"Augusta," 32, High Street, South Belgravia, S.W.
"A.," 50, Beaufort Mansions, Beaufort Street, Chelsea.
Madame Alleyne, 51, Dinsmore Road, Balham, S.W.
Josephine Coulson, 419, Fulham Road, Opposite Redcliffe Gardens, S.W.
Miss Dodd, 7, Gorringe Park Parade, Tooting Junction, Mitcham.
Mrs. England, 440, Edgware Road, N.W.
Miss Ensor, Basset House, 18, Harrington Square, Hampstead Rd., N.W
Ethel Eugenie, 12, Blomfield Road, Shepherd's Bush, W.
Eugène, 129, Portland Road, Holland Park Avenue, W.
Gertrude, 57, Abingdon Villas, Kensington.
Miss A. Hammond, 45, St. George's Road, Brighton.
Mdlle. Jeanne, 77, Claverton Street, S.W.
Miss Last, 51, Blatchington Road, Hove, Sussex.
Miss Lawrence, 47, Granville Road, Walthamstow, Essex.
Miss Maud Lee, 89, Warwick Street, South Belgravia, S.W.
Madame Léonie, 35, Richmond Road, Westbourne Grove, W.
Madame Lili, 21, Martaban Road, Manor Road, N.
Mrs. Lindfield, 17, Powis Road, Brighton.
Madame Leeticia, 15, Crawford Street, W.
Mrs. F. C. Monk, 81, Loder Road, Preston, Brighton.
E. and E. Percival, 24, Tower Street, King's Lynn.
The Parisian Renovating Dress Co., 77, Claverton Street, S.W.
Miss Pearl, 16, Bruce Road, South Norwood.
Miss Pooley, South Nutfield, near Redhill.
Madame Pugh, Gilwern, near Abergavenny, Mon.
Misses Ramage, 97, Lavender Hill, Battersea, S.W.
Madame Roebuck, 98a, Holland Park Avenue, West Kensington,
Mrs. Sidney J. Hurwitz, 29, Archibald Road, Tufnell Park, N.
M. Smith, 6, Stratford Road, Kensington, W.
Marie Smeeton, 48, Queen Margaret's Grove, Mildmay Park, N.
Mrs. and Miss P. Tapp, 16, Willcott Road, Acton.
Miss Tidy, 34, Grosvenor Park, Tunbridge Wells, Kent.
Misses Vincent, 28, Queen's Road, Finsbury Park, N.
Miss Wall, 162, Venner Road, Sydenham, S.E.
E. C. Wicks, 139, Lupus Street, Pimlico, S.W.
Miss Wolfe, 27, Hampton Place, Brighton.

LADIES' AND CHILDREN'S MILLINERY—

Miss Beale, Tuffleigh Crescent, Gloucester.
Misses Burnett, 7, Windsor Road, Holloway, N.
Miss Agnes Cowen, Moffatt House, Wharncliffe Street, Newcastle-on-Tyne
The Misses Hallowes, 1, Hereford Square, South Kensington, S.W.
Mrs. Henderson, 64, Stanhope Road, South Shields.
Madame Ilene, Abbott's Court, Kensington Square, W.
Mrs. King, 14, Sussex Street, South Belgravia, S.W.
Miss Moorhouse, 70, Birch Lane, Longsight, Manchester.
Mrs. Wells, 36, Gore Road, South Hackney, London, N.E.
Miss Whitehouse, 57, Upper Gloucester Place, Dorset Square.

LADIES' SHIRTS—

Miss Beatall, 41, High Street, Rushden, Northamptonshire.
Miss Lowson, 1, Buckingham Terrace, Maryfield, Dundee.
Miss E. Manser, 26, Dudley Road, Eastbourne.
Madame Mary Norman, 2, Norfolk House, Lulgrave Road, Hammersmith

PILLOW LACE MAKER—

Miss Kent-Johnson, Sharnbrook, Beds.
Miss Annie Stewart, 29, Markham Street, King's Road, Chelsea, S.W.

CORSETIERE—

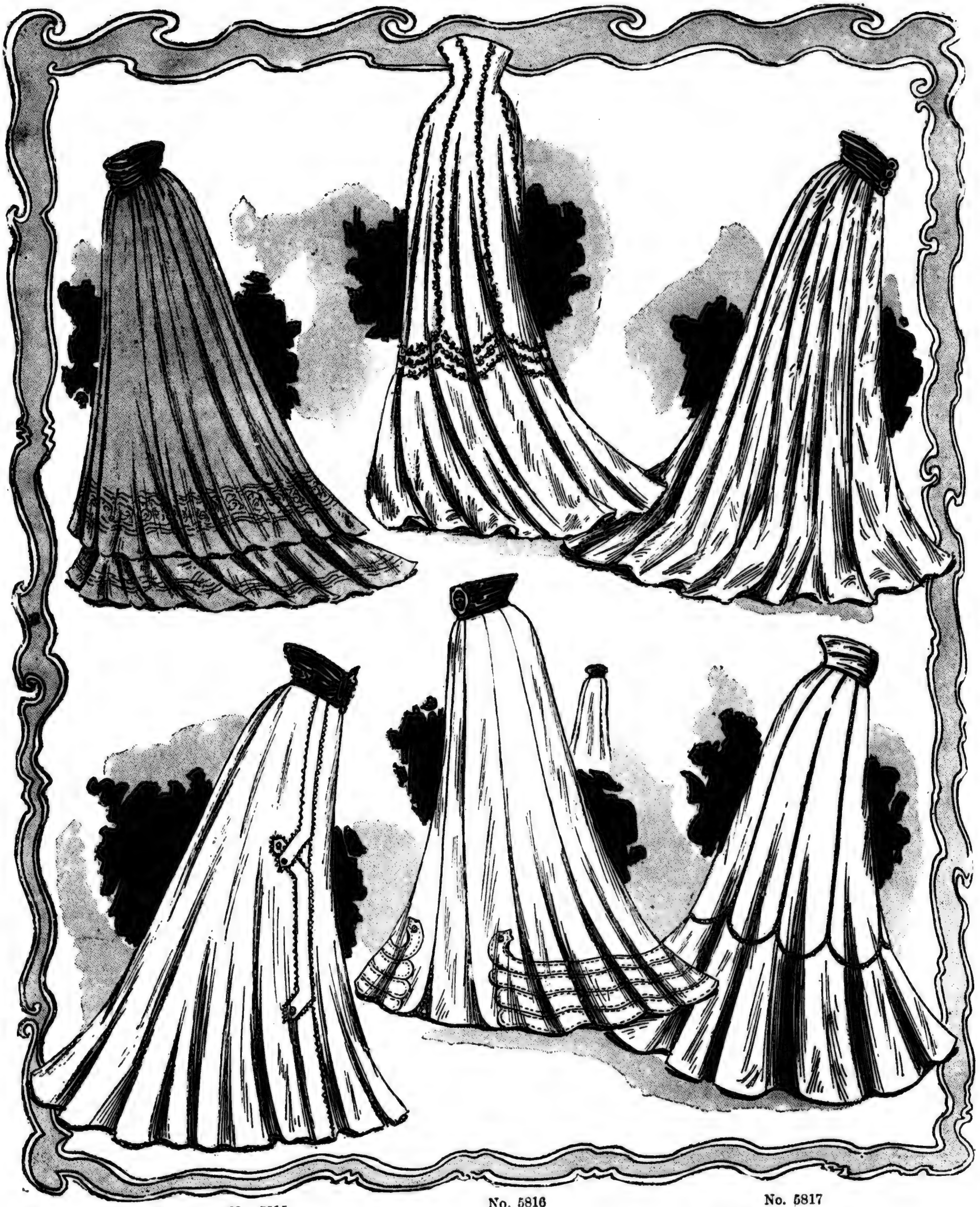
Mme. Gardiner, 28, Sussex Place, Onslow Gardens, South Kensington.
Hélène, 1, Harley Street, Bridge Road, Battersea.
Mrs. Sidney J. Hurwitz, 29, Archibald Road, Tufnell Park, N.

FURS RENOVATED—

Mrs. Lindfield, 17, Powis Road, Brighton.

All Coupons must be received by the 1st of each month preceding date of issue.

No. 5812 No. 5813 No. 5814



No. 5815 No. 5816 No. 5817

SOME SMART SKIRTS FOR THE MID-WINTER SEASON—DAY OR EVENING WEAR.

For Descriptions see Pages 30 to 34.

Price of Paper Patterns, Pleated or Corselet Skirts, each 1s. 0½d. *Skirts, Foundation Skirts, each* 6½d., *post free, of* MADAME MYRA, *10 and 11, Fetter Lane, E.C.*

Health and Beauty.

ANSWERS TO CORRESPONDENTS.

Letters to be addressed to Mistress Annie Page, "Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

Eloise.—Moles in the numbers that you have them on your face are certainly not points of beauty, and you will be wise to go to Mrs. Marie Earle, at 92, Bold Street, Liverpool, and let her clear your skin of them without further delay. She is a most successful remover of all facial blemishes, from a superfluous hair to a purple birth-mark, that is popularly called a "port wine stain," in the skin, so you can place entire confidence in her, and she is very kind and sympathetic, too.

Clarice.—You will cease to suffer from flatulent indigestion if you take a "Bragg's Charcoal Lozenge" (1s. 1½d. a tin at any chemist's) immediately before each of your meals, and are careful to select for your vegetables those of which the edible parts grow above ground, but of these never to eat the stalky parts. Hot drinks of any sort tend to produce this sort of flatulence if taken with meals, but a tumbler of nearly boiling water, with a squeeze of orange-juice in it, slowly sipped the first thing in the morning, is often advised by medical men in cases like yours. You should give up tea entirely, and take "Dr. Tibbles's Vi-Cocoa" in its place.

Hamish.—You can easily learn the proper method of Face Massage, as practised by Mrs. Adair in London, from the able and courteous Lady Manager who is in charge of her establishment at Carleton House, 28, High Street (facing New Street, Birmingham), where all the "Ganesh" treatments are most successfully given. For an immediate beautifier you can have nothing more satisfactory than the same Mrs. Adair's "Ganesh Lily Lotion," which you can obtain at the Birmingham place; this will at once give you a lovely complexion that will not look as if artificially made; and the lotion is dispensed to the prescription of an eminent medical skin specialist, so you need not be afraid that it is in the least harmful.

Carlie.—If greying hair is "taken in time" you can really restore the colour, and prevent the mischief going on, without using dye at all, but by nourishing the hair-roots with "Petrolate of Sulphur" (2s. 6d. from Mr. Mason, 25, Bank Plain Norwich), rubbing this well down into the skin of partings made in all directions on the head every alternate night, and by shampooing once in three weeks with a liberal lather of the same Mr. Mason's "Sulphur Soap" (1s. 1d.), and hot soft water, followed by thorough rinsing with nearly cold water, and a complete drying with warmed towels, and by fanning near an open window. If the water you have for use is hard you should soften it with "Pasta Mack" (to be obtained in shilling boxes at every chemist's) as hard water ruins hair, complexion, and hands if used as it comes from the mains or the wells.

Beatrix.—To rid the system of eczema take a course of "Clark's Blood Mixture" (all chemists keep this), avoid all salted foods, and dress the affected skin every night with the "Cream of Sulphur," which is sold for 2s. 9d. by Mr. Mason, 25, Bank Plain, Norwich.

Muvvie.—If you will see to it that the children's faces are quite dry before they go out for their daily walks, and to ensure this gently dust on, and wipe off again, a little of the "Prepared Fuller's Earth Powder" which Mr. Mason, 25, Bank Plain, Norwich, sends post free for 6d., their sensitive skins will not chap as they now do. During the frosty weather always "wash" their faces and hands, too, with the corner of a soft towel on which you have put about a teaspoonful of "Beetham's Lait Larola," which you can get for 1s. a bottle at any chemist's. The use of this makes the texture of the skin fine and white.

Vexatious.—Either of the dyes you have been recommended will suit your purpose, for both are good. I think perhaps the one in the price list may be the more permanent. Your other questions were answered in our Christmas Number, and you may always be sure that so loyal a reader and correspondent as you are will never have her letters put on one side and forgotten before they get their reply. Thank you for all your kind wishes. I hope that you, too, may have a very happy and successful New Year.

Regina.—The state of the health most certainly affects the hair, and if you have for so long a time been suffering from indigestion, it is not much wonder that your hair is falling out so. Write to the "Capsuloid Co., Limited," 47, Holborn Viaduct, London, E.C., enclosing 1s. 1½d. for a box of their "Tablones"; tell them you are a reader of Myra's Journal, and ask them to send you their booklet, in which you will see several useful hints. Take the contents of the aluminium box in accordance with the directions that come with it, and you will find that you are beginning to feel better than you have done for years.

Annie.—As your face gets so hot and uncomfortably red when you have to go out in the least wind, you should always protect it with an application of the beautifying "Beauty Cream," which is sold for 4s. 6d. by Mme. Cross, Dept. M.J., 184 and 186, Regent Street, London, W. If you care to call upon her she will show you how to properly apply it so that you will at once look many years younger than you do at present, but will not look "made up." If you cannot go, the great secret is to take a very little of the cream on two finger-tips, and to rub this into each feature separately. It is a pure preparation that cannot possibly increase superfluous hairs.

Elaine.—I remember you perfectly, and am glad you have been having such a good time. Now the best way of making your upper arms less fat and red is to wear every night, while you sleep, a pair of the "Ganesh Reducing Sleeves," which have lately been invented for this purpose by Mrs. Adair, 90, New Bond Street, London, W., from whom they are to be obtained.

Nance Oldfield.—The nearest reliable specialist to your town is Mrs. Earle, 92, Bold Street, Liverpool, who removes superfluous hair so skilfully that it does not return, and without marking the skin at all. I wish you had given me your address, as I could then have told you in time of a clever London lady who came to your adjacent city the week I heard from you. You need never be afraid to give me your real name and address, as these are treated confidentially, though I like to have them as a proof of good faith.

Feeble Flo.—I am so sorry to hear that you are feeling so unfit for anything, but as your medical adviser says there is nothing radically wrong you must just try to get up your strength, which appears to me to be very much run down. Take a course of the "Sanohemol Tasteless Capsules" which are sold for 2s. 9d. by O. E. Horn, D.Sc., Boscombe Park, Bournemouth, that clever Berlin doctor, who prepares several other things for making women of all ages healthy and beautiful. Have "Plasmon Oats Porridge" with Glebe Golden Syrup and new milk for your breakfast, as well as the boiled egg that is all you take now, and have that egg soft-boiled or poached. Eat Dr. Allinson's Wholemeal Bread, which has much more nourishment in it than ordinary white bread, and for tea substitute Dr. Tibble's Vi-cocoa, which is nourishing and much better for the digestion than tea or coffee. Have an all-over bath every morning, and in it put a teaspoonful of the "Aromatic Bath Salt," which Mr. Mason sells for 1s. 6d. a large bottle, post free, from 25, Bank Plain, Norwich, as this is so very invigorating, and takes away all that feeling of fatigue and depression. Be in the fresh air as much as you can, and breathe deeply through your nostrils. I shall be glad to hear you are better.

African Reader.—Though you are so clever in making your own clothes from Myra's paper patterns which are given with her Journal every month, I quite see that for very special occasions you would like to have a gown and a hat that are made in London. Your difficulty in choosing from the many advertised things will be solved if you will write to Mrs. Vereker (her address is The Hearth and Home Shopping Bureau, 10 and 11, Fetter Lane, London, E.C.), give your measures, say what colours you prefer, and how much you want to spend. Send her a cheque or post office order for this amount, and she will make the very most of it for you, and have the newest things, in the best style, sent out to you without delay.

Sammie.—You may use "Icilma Water" as often as ever you like to cleanse and refresh your skin; it will beautify your complexion, and it will discourage the growth of superfluous hair that you dread. Get your first sample of this toilet "Water" (which in the country in which it springs from the earth is called "The Fountain of Youth") direct from the importers, the Icilma Co. (Dept. 87), 142, Gray's Inn Road, London, W.C., who only charge 1s. a bottle for it, and who will with it, if you ask for it, send you an illustrated booklet that contains some coupons that you will find advantageous.

Gertrude.—You can get a complete and beautiful Transformation of pure and glossy hair, to exactly match your own, if you will send a pattern of this with your order, for 30s. direct from the Universal Hair Manufacturing Company, 84, Foxberry Road, Brockley, London, S.E. This is not a hairdresser's place, but the actual factory at which these "aids to beauty" are made. If you say you are a reader of Myra's Journal, they will send you their latest catalogue, which is illustrated with the newest styles in hair work.

Bulky.—As it is only your hips that are getting too bulky, you should get from Mrs. Maine, 8, Hanover Street, Hanover Square, London, W., a 5s. 6d. jar of her celebrated "Zobeide Reducing Paste," and rub some of this into the hips night and morning. You will soon diminish their size.

Hettie.—As your face gets hot and greasy when you are dancing you should add a tablespoonful of "4711" Eau de Cologne (you can get this for 2s. a bottle at every chemist's) to the bowl of water in which you wash when you begin to make your toilet for this ball. This will keep you cool all the evening.

Minx.—The "H.S. Corsets," made by H. Sherwood and Co., Limited, 12, London Wall, London, E.C., are beautifully made and finished, they add elegance to any figure, and I find them wear excellently well. The prices begin at 2s. 11d. and go up to a guinea per pair, but the 5s. 11d. and the 8s. 11d. would suit you and your sister.

Reigate.—"I beg to state that your patterns and book are a great help to me and to my trade generally."—E M Poole.

Cut this advt. out and send it together with P.O.O. or stamps 4s. to 114, Southampton Row, London, and a FULL-SIZED LARGE BOTTLE will be sent CARRIAGE PAID anywhere in the United Kingdom. O.R.

Gold Medal Paris, 1890. Gold Medal St. Louis, 1904.

(By Royal Warrant to H.M. the King.)

JEYES'

DISINFECTANTS

AS USED IN THE ROYAL HOUSEHOLD, STABLES, AND KENNELS.

FROM ALL DEALERS.

May be obtained in the form of

FLUID, POWDER, SOAP.

IMPROVE YOUR HEALTH AND FIGURE

by reducing Superfluous Fat by means of Dr. RITTER'S Specific for

OBESITY

Not a secret quack Nostrum. Composed of purified and concentrated Extract of Fuci-Vesicolusus and Marienbad Salts. Made in tiny Tasteless Capsules. Neither constipating nor relaxing; never disagree. Price 2/6 per bottle, or 5 bottles, post free, 10/6. Read extracts from Press Notices, given after full trial.

☞ "Contains no injurious ingredients."—*Health.*

☞ "May be taken quite safely."—"Myrene" in *The Lady.*

☞ "Absolutely harmless."—*The Gentlewoman.*

Only of the Sole Agent—

Dr. O. E. HORN, Boscombe Park, Bournemouth.

GREY HAIR can now be restored to its natural colour without dyes or stains.—Write for terms, &c., O. E. HORN, D.80., Boscombe Park, Bournemouth.

PLASMON COCOA

NOURISHES. WARMS. STRENGTHENS.

MARK TWAIN.

The "LANCET" says:

"Plasmon Cocoa contains all the constituents able to support life, it is mildly stimulating whilst highly nourishing." One Cup of Plasmon Cocoa contains more nourishment than 10 Cups of any ordinary cocoa, and **is absolutely free from chemicals** *and added starchy matter*

MARK TWAIN writes:

"The only needful thing is to get Plasmon into the stomach—dissolved, or in clods, or petrified, or any way, so it gets there. I had **an eight years' persistent dispute with dyspepsia,** but when visiting England, my doctor ordered Plasmon to be added to my other food, and I have had no return of it since."

Cookery Book Sent Post Free for 2 Stamps.

PLASMON, Ltd., (Contractors to H.M. Government), Farringdon Street, London.

IMPORTANT NOTICE.

THE "HEARTH AND HOME" SHOPPING BUREAU . . .

has been instituted for the benefit of readers who, living in the country or abroad, are unable to Shop in London.

The services of a Lady specially trained for the work have been secured.

Full particulars of this practical and helpful new feature will be found in this week's issue of "HEARTH AND HOME."

To be obtained at all Newsagents and Bookstalls.

PRICE THREEPENCE.

BEETON & CO., Ltd., 10 & 11, Fetter Lane, Fleet Street, London, E.C.

REDNESS OF THE NOSE, Blushing, and Flushing of the Face can be cured, but not by quack remedies. Send 2/6 for "Beauty and Youth," by an M.D., or send stamped envelope for contents and specimen pages of this most interesting book.—B. D. RHODES, 55, Sidmouth Street, London, W.C

HAIR DESTROYER.

JAMES'S DEPILATORY instantly REMOVES SUPERFLUOUS HAIRS from the Face, Neck, or Arms, without injury to the Skin. Of all Chemists, or sent with directions for use, free from observation, on receipt of postal order for 1/3, 2/3, and 2/9.

Mrs. C. JAMES, 268, Caledonian Road, London, N.

LUXURIANT HAIR.

Long flowing Eyelashes, Eyebrows, &c., are QUICKLY PRODUCED by using JAMES'S HERBAL POMADE. It is invaluable for the production of Whiskers, Beard, and Moustachios; it causes the Hair to grow on Bald Places and Scanty Partings. Of all Chemists, or a box (with directions) sent, free from observation, on receipt of postal order for 1/3, 2/2, and 2/9.

Mrs. C. JAMES ,263, Caledonian Road, London, N.

YOU cannot have a good, clear complexion if your blood is impure. **Blotches, Spots, Pimples, Blackheads,** and **Sores** of **all** kinds can be removed by taking

CLARKE'S BLOOD MIXTURE

The World-Famed Blood Purifier.

This famous medicine will also cure all Skin and Blood Diseases, such as **Eczema, Scrofula, Scurvy, Ulcerated Sores,** &c. Thousands of unsolicited testimonials have been received from all parts.

As it is pleasant to the taste, and warranted free from anything injurious to the most delicate constitution of either sex, from infancy to old age, the Proprietors solicit sufferers to give it a trial to test its value. Clarke's Blood Mixture is sold by all Chemists throughout the world. Price 2s. 9d. and 11s. per bottle.

Beware of Worthless Imitations or Substitutes.

CAST OFF WEARING APPAREL

of **Every Description.** Prompt and fair payments made for any parcel sent to **Mrs. J. STAINFIELD, 30. Wells Street, Camberwell, S.E. Ladies waited on.** Est. 20 years. References given.

ASTROLOGY.

Reliable horoscope of character, marriage, and business. Send Birth-date, 1s. P.O. and stamped envelope to MDME. ZETELLA (Box 9), Glen Villa, Cleadon, Sunderland. Your future, changes, &c., given free with above horoscope.

GREAT SALE AT THE HOLBORN SILK MARKET.

I have often had occasion to point out at what amazingly low prices lovely silks and other fabrics can be bought at Messrs. Samuel Lewis's, The Holborn Silk Market, Holborn Bars, E.C. These moderate prices are still more moderate just now, as there is a big sale on of silks and other fabrics, which show remarkable reductions. For the numerous festivities at the commencement of the New Year we all want pretty evening dresses, mantles, petticoats, &c., and to see at what prices these can be got we ought to send off at once for a sale catalogue, which Messrs. Samuel Lewis will send by return, post free. Beautiful made-up dress skirts of black Messaline silk can be picked up from 29s. 9d. With one of the new belts of the same silk (see page 8), a charming evening or afternoon gown can thus be acquired at a great deal under two pounds, and with a minimum of trouble. As to underskirts and petticoats, 16s. 11d. goes a very long way, and there is such a beautiful selection, black and coloured. The made-up Jap silk skirts are very enticing, just the thing for the season's festivities. A robe (made-up skirt and material for bodice) at 32s. 6d. is carried out in cream Jap silk, exquisitely tucked, the flounce trimmed with beautiful lace insertion.

Among the materials I advise attention being paid to Messrs. Samuel Lewis's Pure Wool Hygienic Nun's Cloth (very inexpensive, from 1s. 0¾d., in white or cream), which is a splendid material for underwear and night dresses, for it is smart, soft, warm, washes beautifully, and will not shrink.

Every kind of Jap silks, white or coloured, plain or fancy, is stocked at the Holborn Silk Market, and the prices are largely reduced. No prettier fabrics could be had for girls' and young women's party frocks, and none are cheaper, or so rich and graceful in appearance. Jap silks have the further charm that they *clean* so beautifully. As to glacé silks, these are of all kinds, all prices; but I would specially point out a charming glacé silk for lining and foundations (beneath Jap silks, for instance), 21 inches wide, at 9¾d. Such silks are usually 1s. 6d. Patterns ought to be sent for, both by the professional dressmaker and by the home-worker who is preparing her own frocks and blouses.

AN INTERESTING AND USEFUL BOOK.

Mr. William Heinemann, the well-known publisher (21, Bedford Street, W.C.), will issue very shortly "Beauty of Figure: How to Acquire and Retain it by Means of Easy and Practical Home Exercises." It is by Deborah Primrose, conductor of the "Health and Beauty" columns in "Hearth and Home" and several well-known ladies' papers. The book is beautifully illustrated with seventy-two photographs taken specially for the author from life. The price is only 2s. 6d. Mothers of growing girls, young and middle-aged women who are losing their figures or who desire to improve them, should order the book at once from their booksellers.

Handsome Photogravure—"The Broken Pitcher."
Presented Free with the Christmas Number of "Hearth and Home."

A SPLENDID CHRISTMAS NUMBER.

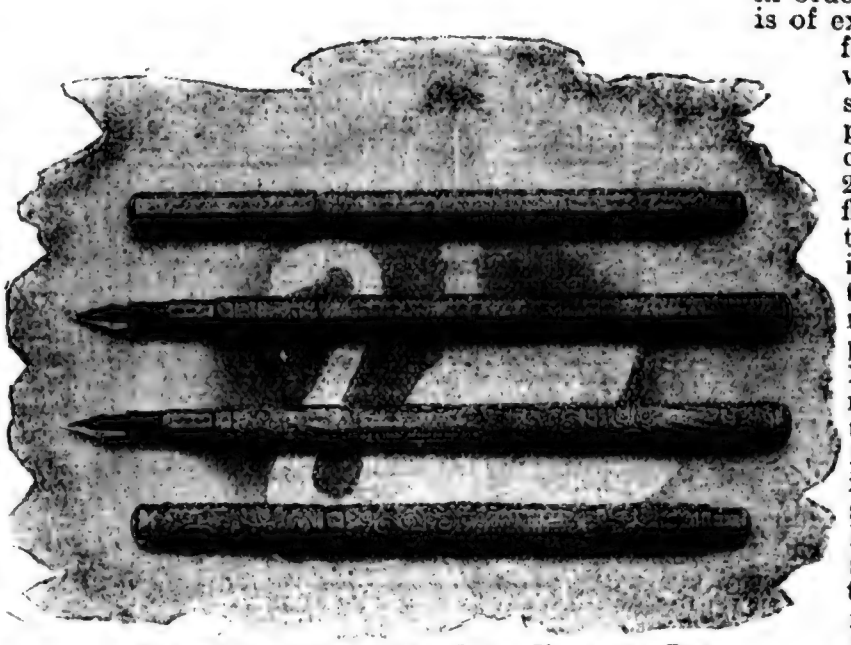
One of the handsomest Christmas numbers of the year is decidedly that of "Hearth and Home." The cover is very handsome, and the free supplement is a beautiful photogravure (a reduced fac-simile is shown on this page) from the famous picture by Greuze, "The Broken Pitcher" (22 inches by 17). This picture is identical in size and style with "The Milkmaid," which was presented with "Hearth and Home" Christmas number for 1904. The number is filled with interesting seasonable information, and extremely valuable prizes (amounting to £200) are offered for a simple prize competition. The number can be ordered at any bookseller's or bookstall, price 1s. (published by Beeton and Co., 10 and 11, Fetter Lane, E.C.).

AN ENLARGED CHRISTMAS NUMBER.

Some very beautiful fashions are published in the December number of Myra's Journal (price 6d.), including a large variety of evening styles for ladies and children suitable for this season's festivities. Five supplements are given with the December number: a beautiful photogravure, "Happy Days," and four Free Patterns—a charming braided umbrella skirt, a smart semi-evening blouse, a dainty party frock for a little girl, and a lace lower sleeve—that most necessary article for the possessors of numerous elbow-sleeved blouses and gowns, which look so easy to cut and yet which requires so good a pattern to turn out a success. The photogravure, "Happy Days," framed or not, makes a most acceptable gift, and is a picture which could be hung in any room.

FLANNELETTES AND COSY COTTON FLANNELS AT MR. CHRISTOPHER WILLIAMSON'S.

I have been asked about flannelette sheetings for an invalid. Nothing could be better for the purpose than the wide (white) Cosy Cotton Flannels of Mr. Christopher Williamson, Desk 10, 91, Edgware Road, W. They cost only a few pence a yard, varying according to weight and softness. No larger collection of cotton flannels and flannelettes could be found than is stocked by Mr. Christopher Williamson, who makes a feature of them. He stocks Horrockses' high-class flannelettes, and the beautiful "Non-Flam" Flannelettes are a speciality of his own. Patterns will be sent by return of post. Mr. Williamson also has an unrivalled collection of molletons for dressing gowns and jackets, bed jackets, &c.



Some Varieties of the Swan Fountain Pen.

SWAN FOUNTAIN PENS.

It always adds considerably to the charms of a seasonable gift that it should be lasting, as well as desirable and handsome. All these advantages are owned by the Swan Fountain Pens, which are acceptable to young and old alike, for who can write so readily as the fortunate possessor of an efficient self-feeding pen? The more one writes, the more one appreciates the advantages of having the ink filtering just as we require it to the nib of one's pen! The Swan Fountain Pen can be sent to any colony for 6d., to foreign countries for 1s. The makers, too, are able to select a suitable nib from specimens of writing, so that it makes choice easy. And in ordering the "Swan" one is sure that it is of excellent quality, and that it will last for years. It is supplied in plain vulcanite, in attractive patterns of silver and gold, or in a happy compromise between the two—in vulcanite with gold bands; 10s. 6d. to 20s. is a wide range, so all can be satisfied, and get what they want. On this page are illustrated a few samples in silver and gold, but those who wish to give a moderate present will confine themselves to the excellent pocket size vulcanite "Swan" pen at 10s. 6d., or the vulcanite sort with rolled gold bands at 12s. 6d. Full details of the large variety of Fountain Pens will be found in the excellent illustrated price list, which will be sent on application, by Messrs. Mabie, Todd, and Bard, 93, Cheapside, E.C. The pens can be ordered through any local stationer or jeweller, most of whom keep the half-guinea Swan Fountain Pen in stock.

"The blouse pattern has turned out a great success, and Mrs. F. has managed to make herself an extremely pretty and well-fitting blouse from it."

Professor Laynard Gives His Book to the Nation.

RUSH FOR COPIES.

The Publishers of Professor Boyd Laynard's great work, "SECRETS OF BEAUTY, HEALTH, AND LONG LIFE," have much pleasure in announcing that the famous author has most generously surrendered all royalties upon this book, and has thus made it possible to issue the work at a price within the reach of all. The number of copies sold during the last few weeks is believed to be unprecedented in the annals of book publishing. Special arrangements had to be made to cope with the flood of orders received by every mail, so that readers can have the book within twenty-four hours of the order being received.

This work has already gone into sixty-six editions, and has been translated into many foreign languages. The book has been pronounced by the Press TO BE THE MOST REMARKABLE WORK OF THE CENTURY. The edition now offered at the small sum of **NINEPENCE** (post free), which may be forwarded in stamps, is identical in every particular with that sold for the last six years for one shilling and sixpence.

To those readers of MYRA'S JOURNAL who are not acquainted with the contents of this world-renowned work the following list of subjects will give some slight idea of its scope. A complete syllabus, showing the contents of the whole of the **127 CHAPTERS,** enumerating upwards of **500 SUBJECTS** and divisions of subjects, can be had free on application to the Publishers. It should be thoroughly understood the complete work, entirely unabridged, will be forwarded for **NINEPENCE** in stamps, no charge being made for postage.

The Face, and what it may become.

CONTENTS OF THE WORK.

The way we make our own faces—Secrets of face transformation—Changeableness of beauty and its causes—Various influences that tend to mar good looks—Some strange facts concerning the variableness of beauty—"Odd-faced" beauty—The countenance the counterpart of the mind—How pleasing expressions become permanent—How a person's habitual look is acquired—How permanent expressions can be transformed—Metaphysical secrets of keeping young and preserving a youthful appearance—The author's investigations into the causes why some individuals look younger than others at a certain age—Wonders of the skin—Relation of the skin to beauty—Effects of mental emotions upon the skin—Bad complexions and their causes—Diet that spoils and diet that improves the complexion—General care of the complexion—How various passions act upon the complexion—How skin diseases can be induced by strong mental emotions—Construction, growth, and wonders of the hair—Why hair falls out—Premature greyness: its causes—General care of the hair—Superficial hairs—Wrinkles and how to treat them—Oily skin, dry skin, and loose skin—How the nose may be improved—Protruding ears and their treatment—Offensive breath—Anatomy of the teeth—Why teeth decay—General care of the teeth—Tallness, and how to attain it—Influences that accelerate tallness—Influences that retard it—Diet that assists the development of the human form—Why Scotchmen are tall—Round shoulders and how to cure them—How to acquire a full chest—Perfect form and figure: their proper proportions—How nature works on a mathematical system—What the measurement of each part of the human body ought to be in accordance with its right proportion—Thinness and its treatment—Excessive stoutness—Care of the hands—Care of the feet—Physiognomy; or, the art of reading character of the face—Mental influences upon health—Power of the mind over the body—How all kinds of ailments can be induced into the physical system by the action of the mind—How the mind can cause dyspepsia—Effect of the direction of thought to the heart—How real diseases often supervene upon fancied ailments—Influence of the mind in curing diseases—Some striking examples of such cases—How violent passions injure health—The way anger affects the heart, brain, and liver—Organic diseases caused by fits of passion—Laughter as a medicine—Ailments cured by laughter—Wonders of digestion—Relative value to our bodies of the principal articles of food—Fruits and vegetables as medicine; the various influences upon the physical system—Health-preserving diet and its consistency—Diet favourable to mental exertion and intellectual culture—Influence of various foods upon our passions and propensities—Some perilous articles of food—Light and its influence upon health—Exercise and its relation to health—What walking does for the body—Diseases cured by walking—Cycling as an exercise—Physical effects of cycling—Rowing as an exercise—The gymnasium—Dumb-bells—Baths and bathing; their influence upon health—The way we breathe and how it affects our health—The marriage state, and its influence upon health—Statistics showing the comparative vitality of married and single persons—100 professions, trades, and ocupations: their respective influences upon health and long life—The voice: its culture and preservation—Curious facts about the voice—How it can be rendered stronger—Rules on the preservation of the voice—Loss of voice, and its connection with hysteria—The eyes, and how to preserve them—Wonders of the human eye—Construction of the eye—Rules for preventing eye-strain—Colour blindness—The ears and hearing; how to prevent deafness—A common cause of deafness, and the remedy—Foolish practices that occasion deafness—Frequent cause of the defective hearing of children—Conditions for healthy sleep—Number of hours necessary for individuals of various constitutions—Children's sleep from infancy upwards—The various enemies of sleep—How to guard against sleeplessness—Facts concerning the duration of dreams—Theory concerning the subject of dreams—Remarkable psychological facts relating to dreamers—Drowsiness physiologically considered—Memory, and how to improve it—Influence of health upon memory—Sudden failure of memory—Rules for cultivating the memory—Influence of diet upon memory—Stammering, and how to cure it—Articles of diet that are much responsible for nervousness—Blushing: its physiology and treatment—The eight signs of long life.

PRESS OPINIONS.

Free Lance.—"Most interesting and valuable. There is not a page in it that does not contain valuable hints as to the sure and certain methods for attaining to personal beauty. If the Professor's ideas are realised, the world will be his debtor."

The Lady's Field.—"Contains a vast amount of practical advice."

Madame.—"This is an astonishingly comprehensive work."

Woman's Life.—"The author has unfolded to the world many secrets regarding the subjects included in the title, the importance of which it is impossible to over-estimate."

Illustrated Mail.—"Practically a guide to the attainment of good looks without the aid of art."

The Lady's World.—"Professor Laynard has evidently studied his subject thoroughly. He gives advice upon every point—how to preserve one's appearance against the ravages of time, how to call back the beauty which has already fled."

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Please forward me Professor Boyd Laynard's complete work, "SECRETS OF BEAUTY, HEALTH, AND LONG LIFE" (post free), for which I enclose the sum of **NINEPENCE.**

Name .....

Address .....

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Correspondence.

RULES.

1. To be answered in the next number, letters must reach us not later than the 25th of the month.

2. Queries (except on "Dress" and "Health and Personal Attention") must be accompanied by sixpence and a stamped addressed envelope. No notice will be taken if sent without, if to be answered by post.

3. In urgent cases, or if crowded out, all "Dress" answers will be sent by post, for which no charge will be made. No postal reply can be sent unless a stamped and addressed envelope be enclosed.

4. Queries to be answered by post must be limited to three.

5. It is absolutely necessary that every letter should contain real name and full address. The space for correspondence is so limited that a large number of answers have to be sent by post. This is especially the case with "Dress," which requires prompt and often private replies. Only questions of general interest are answered on this page.

Whether letters are to be answered by post or in these columns, the Correspondence Coupon, cut from the current number, must be enclosed.

DRESS AND HAIR-DRESSING.

Letters to be addressed to Madame Myra, "Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

Maggie D. (Poona).—I am so sorry that you did not give me your full name and address, as I should have answered you by post. Your letter did not reach London till December 2, so it was much too late for the December number, which had been published a fortnight before. This will be published December 15—much too late to get to Poona before Christmas! However, the information will come in for other occasions. The professional dancer—*ballerina* or skirt dancer—always wears tights (stockings are not long enough to be properly secured), and, as you say, the V shaped slip drawn close to cover the body. Over this the *ballerina* wears puffed tulle drawers which merge into her multitudinous short skirts. The skirt dancer wears generally drawers of the same material as her petticoats—generally very fine cambric rendered "frothy" by voluminous lace flounces. There is an extremely nice drawers-combination in this last December No., which, in fine muslin, with two or three lace flounces at the edge, would be admirable, as the wide leg would merge into the lace-decked petticoats and the upper part fits nicely and closely. The backs, of course, would have to be buttoned—not merely crossed and left unfastened. This would be a very cool garment for evening wear in India, as there is no lapping at the waist, cache-corset and drawers being cut in one. The pattern you refer to is also a very nice one, but there is no need to cut them *very* short when the leg is so wide—the lace frills thereby merge into those of the petticoats.

Nineteen.—(1) I can thoroughly sympathise with your preference to dispense with pads or frames. As you have plenty of hair, this style ought to suit you. Take your front hair (more than half the entire quantity) right to the ears. Comb it back and upwards, then coil it and turn it into a loose knot on the top of the head. Comb the side hair upwards and forwards, to loosen it a little and give it the right direction. Then at your knot (lift the front end a little so as to get under it) insert a slightly circular comb (about 4 inches long) in the front hair, pressing it towards the forehead. This will puff it nicely, and becomingly push the hair forward. For this I advocate one of those rather spread, very light *cheap* combs (one of a pair of "side" combs), which are to be picked up for a few pence. The price of the comb is immaterial, as it will not show; but *good* combs are so much heavier, so much stiffer. Then put a comb on each side (close under the knot, the teeth downwards to puff the hair over the ears). If your head is small at the top, it is not a bad plan to break one very thin, cheap side-comb in two for the purpose. Then take your back hair and comb it well up, and rather forwards, so that it mingles smoothly with the turned-up front hair. Coil it and twist it round your knot (hiding the heads of combs), using the end to make a small "eight" knot below the large knot at the top of the head. This small knot accompanies the big one, and helps to keep the turned-up back hair in place, besides relieving the bare effect of hair smoothly turned up from the nape. (2) I do not know of a book which gives descriptions of hair-dressing styles. Such are generally issued by hair manufacturers, and are, of course, to be chiefly carried out with additional hair. Why not take a few lessons in hair dressing from your local hairdresser?

EMPLOYMENTS FOR LADIES

Letters to be addressed to Miss Winifred Jones, "Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

For some answers on this subject, see page 27.

Sewing Machine for Sale (Miss P.).—I am sorry, but your notice does not come within the scope of this Bureau. You will see in the current issue full particulars as to advertisements for the Free Bargains Column, of which I advise you to make use.

Ladies' Tailor (Madame L.).—Certainly I will do what I can for you, and your prices seem most moderate. You have my sympathy in your bad luck, it is certainly trying for you, and I trust this venture may be successful. Please read the notice regarding repetitions for the Register.

Dressmaker at Tonbridge (Mrs. H.).—Yes, you are right, 381 is your notice, but if you want it repeated you must copy it—or cut it out. Read the new rule about this, and don't forget it, as it is strictly enforced. You cannot have a better recommendation than the fact that your customers return to you, and in time if you keep up the standard of your work, you will establish a good connection. Estimating will—like all things—become easier with practice. Many thanks for the polite things you say; it is a real pleasure to me to be of use.

Copying Wanted (M. R. W.).—I am putting in a notice for you, but I very much fear that what you want is impossible to obtain.

Unsuitable Notice (Mrs. C.).—I am sorry, but your notice is not suitable for the Register, nor does it come within the scope of my bureau.

Name of Dressmaker Wanted by Lady from India (Mrs. C. A.).—I am sorry, but I cannot publish names and addresses of dressmakers here; it is against our rules. If you want a private reply, a sixpenny postal order or stamps must be sent, and a stamped envelope. I have several dressmakers on my register, who, I feel sure, would suit you, so I hope you will write again. I would gladly help a distant correspondent, but I cannot violate our very simple rules.

Underwear and Children's Clothes Made (Miss M.).—Certainly I will put you on my Register, and I have no doubt that I shall be able to get some work for you. Your notice will appear regularly, provided you send the current coupon each month. By the way, you have forgotten to enclose it this time.

Velveteen Blouses, &c. (M. E. R.).—Thank you for what you say. I am glad you have found Myra and this Bureau so useful. I am putting you on my Register, and I trust you will soon hear of something.

COOKERY AND HOUSEHOLD MANAGEMENT.

Letters to be addressed to Mrs. Hope, "Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

Mrs. Hope will, in case of urgency, answer letters by post if six stamps and a stamped addressed envelope is enclosed for a reply. Otherwise the reply will appear in these columns.

For some answers on this subject see page 28.

Clarice.—I should not use too hot water in washing your old china. How I envy you such a possession of richly-gilt Rockingham teacups! Don't let anyone but yourself do it, and use hot, not boiling water, and a little soft, woolly mop. Have two bowls, wash in one, and rinse in the other, and dry quickly. I believe the preservation of treasures such as yours is due to the systematic washing and drying of all the fine china which our grandmothers considered their own special task and privilege. No servant will take the necessary pains in ordinary houses, either to wash without soap or to be careful in the temperature of the water. Carelessness in either particular endangers the beautiful gilding.

Jane.—I gladly give you the rhubarb cream recipe. Half a pint of rhubarb pulp (sweetened while stewing), half a pint of fresh milk, a quarter of a pint of whipped cream, and half an ounce of isinglass. Dissolve the isinglass in the milk, and allow it just to come to the boil, and when cool add it to the rhubarb, which must have been previously mixed with the whipped cream. Colour with a few drops of carmine or cochineal (the former is the prettiest red, I think), and put in a mould. It may be served plain or with custard or sweetened cream, or whipped cream.

HEALTH AND BEAUTY.

All Letters to be addressed to "Mistress Anne Page" Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

For answers on this subject, see page 38.

COUPONS.

Correspondents seeking advice on "Dress," "Health and Beauty," "Employments," &c., must enclose in their letters one or more (according to queries) of the following coupons cut from the current number:—

EMPLOYMENTS.
JANUARY, 1906.

DRESS AND HAIRDRESSING.
JANUARY, 1906.

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Mr. JAMES BLYTH gives us a weirdly-dramatic fiction, "The Christmas Masque."

Mr. L. J. BEESTON is certainly at his best in a truly exciting story, "The Missing Guest."

Mr. SIDNEY DARK contributes a little play, "The Deceitfulness of Riches"—the very thing for Amateurs at Christmas parties. Illustrated from photographs of a London Actress and Actor.

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